DOCUMENT RESUME

ED 305 522 CG 021 532

AUTHOR Rapaport, Ross J.
TITLE Report on National Collegiate Alcohol Awareness Week, Fall 1988.
INSTITUTION Central Michigan Univ., Mount Pleasant.
PUB DATE Dec 88
NOTE 80p.; Some newspaper clippings and advertisements will not reproduce clearly.
PUB TYPE Reports - Descriptive (141)

EDRS PRICE MF01/PC04 Plus Postage.
DESCRIPTORS *Alcohol Abuse; *College Programs; College Role; College Students; Drinking; *Drug Abuse; *Drug Education; Higher Education; *Prevention; Program Implementation

ABSTRACT

This document presents a report of the education and prevention activities undertaken at Central Michigan University in Mt. Pleasant, Michiagn, during the fall semester of 1988, in recognition of National Collegiate Alcohol Awareness Week (NCAAW). The document begins with a brief review of the university's campus-wide programs, goals, and activities to reduce alcohol abuse and other drug use. Changes in how the university implemented NCAAW activities are described, and new goals of Central Michigan's NCAAW program are listed. Eighty-three programs provided by the university's 19 residence halls are listed, with indications of level of participation and type of evaluations. Other university programs and activities are also described. The Student Affairs Annual Report is included in the document; it summarizes alcohol and drug abuse prevention and intervention programs for the 1987-1988 school year and explains plans for the 1988-1989 year. Relevant materials are appended, including letters of support for the program, flyers and advertisements, and newspaper and magazine articles. (NB)

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REPORT ON NATIONAL COLLEGIATE ALCOHOL AWARENESS WEEK FALL 1988

BY

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Central Michigan University has been systematically addressing alcohol and other drug problems on our campus since the implementation of our Alcohol and Drug Abuse Intervention and Prevention Program (ADAIPP) in August, 1984. This program is conceptually an "umbrella" program which provides structure, coordination and support for a number of programs which have evolved and continue to evolve on campus. For example, the following programs all co-exist on our campus and attempt to work together in a coordinated fashion to reduce alcohol and other drug problems:

Housing Carefrontation Program
Housing Get SMART (Students Making Alcohol Responsibility Theirs)
SADD (Students Against Drunk Driving)
Eta Sigma Gamma's Designated Driver Program
Wellness Resource Center's Substance Abuse Program
Fraternities and Sororities Health and Liability Programs
PRIDE Student Outreach to elementary, middle and high school students

In addition, we attempt to coordinate our campus efforts with other local and regional programs through representation on our local Substance Abuse Prevention Task Force, Mid-Michigan Substance Abuse Commission, and Michigan Consortium on Substance Abuse Education. Our campus-wide efforts to address alcohol and other drug problems during the 1987-88 academic year are summarized in an annual report found in the appendix.

NCAAW programs have become an integral part of our campus ADAIPP. Based upon past program evaluations and considerable discussion at many levels within the institution, we felt that some changes needed to be made in how we implemented NCAAW this year. In past years we had over-programmed October relative to other parts of the year and not been as effective as we could be in reaching off-campus students and networking with the local community. Consequently, we reconceptualized NCAAW as a springboard for the entire year program, made an intentional effort to spread out programs throughout the semester while still maintaining a strong emphasis to program during the week and month, reach more off-campus students, involve faculty and staff, and do more community outreach. We also spent much discussion in our Alcohol/Drug Program Coordinating Group (see appendix for current list of members) on what is the alcohol/drug message we are trying to communicate to our students. What kind of message will students listen to that is honest, respectful and clear about acceptable behavior? This fall we were also in the last phases of developing a comprehensive campus-wide alcohol policy and wanted to use NCAAW as a forum for receiving input on the policy. Finally, we wanted to approach the evaluation of NCAAW differently this year. In the past each individual program or presentation was evaluated to obtain feedback for presenters. This we wanted to continue to do on an as needed basis (Many of our programs and presentations have been evaluated quite a lot over the years and do not need to be evaluated every time they are given). This year we surveyed students, faculty, residence hall staff, administrative/professional staff, clerical staff and residence hall residents regarding their awareness of NCAAW and what impact it had on them.

In the following portion of this report the goals of NCAAW for 1988 will be stated and then the different programs and activities will be summarized. Note, the goals of our campus ADAIPP are found in the program's annual report in the appendix. Supporting documents for NCAAW activities are also found in the appendix.

NCAAW Goals

1. Use NCAAW as a springboard for the year's alcohol/drug education efforts.

2. Coordinate and provide on and off-campus alcohol and other drug education programs and presentations.

3. Maintain efforts to reach students living on-campus, and more systematically target off-campus students.

4. Expand some campus programs into the Mt. Pleasant community and beyond.

5. Provide faculty and staff with guidelines on discussing alcohol and other drug issues with students and obtain feedback from them on these guidelines.

6. Receive input from the university community on the campus alcohol policy.

7. Survey members of the university community regarding their awareness of NCAAW, participation in NCAAW, whether or not they discussed alcohol usage with students (for faculty and other employees) and to what extent respondents evaluated their own use of beverage alcohol. Also, gather information on students' drinking patterns and respondents' educational interests on alcohol/drug topics.

Central Michigan University

During fall semester CMU enrolled 17,032 students and employed 2,300 people. Six thousand fifty students live in our 19 residence halls.

Mt. Pleasant City Council Proclamation

On Monday, October 17, 1988, the mayor of Mt. Pleasant proclaimed October 16-22, 1988, as Alcohol Awareness Week in Mt. Pleasant.

CMU President Proclamation

On Monday, October 12, 1988, new CMU President Jakubauskas proclaimed October 16-22, 1988, as Alcohol Awareness Week and encouraged members of the university to support campus alcohol education programs and..."to evaluate, at a very personal level, the importance and consequences of alcohol use in their lives." His proclamation was sent to all CMU employees and published as a "letter to the editor" in the student newspaper.

Guidelines for a Drug Education Message

On Monday, October 5, 1988, Vice President for Student Affairs James L. Hill and ADAIPP Coordinator Ross Rapaport sent a letter to all faculty, staff and other university employees (The mailing was 3,000 people). Recipients were encouraged to discuss alcohol/drug issues with students if they desired to, follow the guidelines, and to send input and feedback about the guidelines. Approximately 10 employees responded to the guidelines. In addition, the "guidelines" were presented to the Vice President for Student Affairs Student Advisory Board, a large lecture class, and the Alcohol/Drug Program Coordinating Group for feedback. Approximately 150 people in total provided feedback on the document.

Housing Carefrontation Program and "I Care" Buttons

Director of Housing Gary Ciaffone wrote faculty, staff and administrators to inform them of their early intervention carefrontation program and to encourage the wearing of an enclosed "I Care" button in support of alcohol/drug intervention and prevention efforts. Three thousand buttons were distributed. The Marketing and Educational Administration departments were particularly supportive of wearing the "I Care" buttons.

Alcohol Policy Input

Vice President for Student Affairs James L. Hill wrote selected members of the university community and invited input on the seventh draft of a proposed alcohol policy. Four open forums were held for input on the policy, the policy was presented and discussed by the Dean's Council, Executive Committee of the Academic Senate, Employee Relations Committee, the Vice President of Student Affairs Student Advisory Committee, was sent to the leaders of key student organizations, and printed in total with instructions on how to provide feedback in the student newspaper, CM Life. What input was received was favorable in general with many useful suggestions on wording and organization. Student Government representatives provided considerable input and no one attended any of the four forums.

Residence Hall Programs (data submitted by Housing staff)

The residence hall system (19 residence halls with 6,050 residents) provided a total of 83 programs (active and passive). The programs are listed by residence hall in Table 1. Level of participation and what type of evaluation was conducted is also indicated. Most of these programs have been evaluated formally in prior years, consequently, most evaluations were informal. Housing also served mocktails at all residence halls, passed out "know your limits" cards and passed out "I care" buttons to residents. The Reader's Digest drinking and driving poster series (both) and Wisconsin Clearinghouse poster series which focus on the role of alcohol in a person's life were displayed throughout all the residence halls.

TABLE 1. CMU Residence Hall 1988 NCAAW Programs

Residence Hall	Program	Participation	Evaluation
Merrill	Panel of recovering alcoholics	60	informal
	Poster campaign	(passive program)	
Saxe	Fun without alcohol (PRIDE)	30	
	Just say no dance 7th & 8th grades	30	informal
	Breathalizer demonstration	100	informal
	Meet with prosecuting attorney	4	
Barnard	A Tale of Two Glasses	60	informal
	Create a cooler competition	60	informal
	Alcohol effects on the body	30	informal
	Drinking and driving	100	formal
Barnard/Tate	Copacabana	300-400	informal
Larzelere	Responsible drinking	(passive program)	
	"Cop A Buzz"	120	informal
	"Alcohol Problems and Abuse"	15	informal
	"Drugs with Diane"	25	informal
Thorpe	Create a cooler	8 floors submitted	entries
Sweeney	Get high on yourself		
Thorpe/Beddow/ Merrill/Sweeney	Prohibition night	450	informal
Herrig (Terrace)	Survey of drinking	90	informal
	Bulletin board contest	90	informal
	Attend a play as an alternative	4	informal
	Weekend movie early	10	informal
	Fact sheet	90	informal
	Fitness night	10	informal
Herrig (first)	Conscious Party-Reggae Night	40	informal
	Forum on alcohol	15	informal
	Fact sheet	88	informal
	Bulletin board contest	90	informal
Herrig (second)	Bulletin board contest	90	informal
	Rap session	10	informal
	Questionnaire	90	informal
Troutman	Breathalizer test/discussion	75	informal
Carey	Breathalizer	45	informal
	Drinking and Driving: The Toll and the Tears	25	informal
Barnes	Test your sex/alcohol I.Q.	25	informal
	How to help a friend: Responsible drinking	20	informal
	Alcohol awareness quiz; rap and video on alcohol	20	informal
	Barnes Brass Saloon	50	informal
	Poster campaign	(passive program)	
Wheeler	Jaws of life	275	informal
	Coke - movie night	100	informal
	Examining your usage	12	informal
	No drink bar night	150	informal
	Educational bulletin board	400	informal
	Auto displayed from drunk driving crash	1500	informal

Table 1. (continued)

	Towers Pub (follow-up)		
	Thursday Night at the Movies (follow-up)		
	Drinking and Driving: The Toll & the Tears		
Trout	Breathalizer test/discussion	(no count)	informal
	Enabling program	(no count)	informal
	Posters	(passive program)	
	Kevin's Story	(no count)	informal
	PRIDE Presentation	(no count)	informal
	Reggae dance and mocktail bar	100	informal
Herrig (third)	Questionnaire	90	informal
	Roommate contract to not drink	22	informal
	Bulletin board contest	90	informal
	Attend a play as an alternative	4	informal
Herrig (all)	Dry idea II (pledge not to drink)	80	informal
Beddow	Lobby showcase	(passive program)	
	B/T bulletin board	(passive program)	
	Alcohol education flyer series	(passive program)	
	Effects of alcohol on the judgement and reaction time	50	informal
Calkins	One bulletin board per floor		
	Progressive mocktails	75	informal
	Night on town without alcohol	25	informal
	Presentation by recovering alcoholic	40	informal
Woldt/Emmons	Alcohol education	(no count)	informal
	Breathalizer demonstration	(no count)	informal
	Recovering alcoholic presentation	(no count)	informal
	Mocktail social	(no count)	informal
Tate	Speaker	30	formal
	Mocktail contest	45	informal
	Alcohol I.Q. video	40	informal
	Sheriff in to speak - breathalizer	100	informal
Sweeney	"Get High on Yourself" by PRIDE	60	informal
	Poster campaign	(passive program)	
Robinson	Create a cooler (become a bartender)	16	formal
	Breathalizer	80	formal
	Robinson Pub	100	formal
Cobb	"Kevin's Story" & Discussion	15	informal
	Drinking & Driving: The Toll & the Tears	16	informal
	Alcohol awareness bulletin board contest	45	informal

Wellness Resource Center Substance Abuse Program (Report submitted by Sherri Look)

Mon., Oct. 17 - Kevin's Story, co-sponsored by Tau Kappa Epislon. The film Kevin's Story was shown and a discussion session followed led by two substance abuse program PAHL's.

Tues., Oct. 18 - A panel of recovering persons discussing personal experiences, co-sponsored by Merrill Hall. A panel of recovering persons recounted some of their personal experiences using alcohol and other drugs and how they began their recovery. An informal discussion session followed.

Thurs., Oct. 20 - How to Help a Friend with a Drug or Alcohol Problem, co-sponsored by Barnes Hall. A presentation was given by two substance abuse PAHL's and a question and answer period followed.

Throughout the week a display table was maintained outside the Wellness Resource Center. We gave out pamphlets, bumperstickers and BAC estimation cards. To reach off-campus students more systematically, we distributed pamphlets to various student apartments with information on where we are located and what services we provide. We placed short "catchy" messages in the personal section of the school newspaper encouraging students to drink in moderation if they chose to drink at all. The personal section is read by many students, particularly members of fraternities and sororities.

In addition, on Monday, October 10, we held a Woman and Alcohol Workshop in the basement of the Towers and a group of us traveled to Alma College to do a panel discussion for their alcohol awareness week. A presentation by a panel of recovering alcoholics was made at the Mt. Pleasant alternative high school.

TABLE 2. Wellness Resource Center Substance Abuse Program
1988 NCAAW Program

Date	Title	Attendance	Evaluation
Monday, October 17	Kevin's Story	approx. 40	informal
Tuesday, October 18	Panel Discussion	approx. 40	informal
Thursday, October 20	How to Help a Friend	approx. 20	informal
Monday, October 10	Women and Alcohol	approx. 15	informal
Monday, October 10	Alma College Panel Discussion	approx. 30	informal
Tuesday, November 8	Mt. Pleasant Alternative School Panel Discussion	approx. 28	informal

Approximately 250 pamphlets were dispersed throughout off-campus student apartments. Approximately 100 printed materials on various topics were handed out at the display table.

Designated Driver Program (submitted by Robin Rink)

Sponsored by: Eta Sigma Gamma, SADD, Wellness Resource Center, and Central Michigan University's Alcohol and Drug Abuse Intervention and Prevention Program.

1. The Designated Driver Program was designed to promote responsibility on the part of the students when consuming alcohol and lower the number of students driving while under the influence of alcohol. The Designated Driver is a person who volunteers to drive his or her friends and to abstain from consuming alcohol that evening. The Designated Driver would be able to pick up a Designated Driver card from a variety of places around campus such as residence hall desks, the Wellness Resource Center and also at the participating bars and restaurants. The student would then show the card to the waitress/waiter and would be entitled to free non-alcoholic beverages throughout the evening.

This program has been supported by ten local bars and restaurants. The bars and restaurants have been supplied with advertising material such as table tents and posters as well as the cards. Posters and fliers have been posted and distributed on campus and in residence halls. The Greek organizations have been notified about the program through the Interfraternity Council and the Panhellenic Council. There has also been a feature article and interview in CM Life that described the program.

2. The evaluation strategies will include a monitoring of the number of the Designated Driver cards picked up by the students on campus, as well as an evaluation form sent to the bar managers. The evaluation will be similar to the one attached to this report.

3. At this date the Designated Driver Planning Committee does not have an estimate of the amount of students that have participated. A clearer understanding of student involvement will be reached when the evaluations are returned. The bars and restaurants that participated are listed on a separate sheet of paper attached to this report.

4. The Planning Committee will also have a better understanding of the effect on the community when the evaluations are returned. It is hoped that the amount of drinking and driving will decrease and that students will become more responsible when drinking alcohol.

Student Newspaper Advertising and Coverage of NCAAW Activities

The student newspaper, CM Life, provided editorial support and excellent coverage of activities during the entire month of October. A sampling of the articles are in the appendix of this report. Three "You are the Key" advertisements were published with pictures of the president of CMU, Student Government president, and president of the Interfraternity Council endorsing NCAAW.

Homecoming Parade Floats

Ten Housing Get SMART representatives marched in the Homecoming parade, which travels through downtown Mt. Pleasant, and handed out "know your limit" cards and "smarties" to observers of the parade. PRIDE representatives also marched and handed out red ribbons as a statement against drug abuse. SADD

and the local Parent to Parent group also marched in the local parade.

Anatomy of a Party

Approximately 300 members of CMU fraternities and sororities attended a series of skits acted out by CMU students who also were "Greeks." A panel made up of the coordinator of the campus ADAIPP, two representatives from the office of Student Life and a student commented on the dramatizations. Among other situations addressed were alcohol misuse, liability concerns of social hosts, date rape and other alcohol related situations. Panel members reacted to each skit. The program lasted about one hour and was well received.

Red Ribbon Day

Our student organization PRIDE sponsored for the fourth year a Red Ribbon Day campaign, where members of the university wore red ribbons as a statement against drug abuse. Approximately 14,000 red ribbons were distributed throughout the campus community. The president of the university spoke at a kick-off ceremony which was attended by approximately 50 people. The PRIDE group also provided consultation and support to our local Parent to Parent group in their work to implement a Red Ribbon campaign in the local community. A number of local businesses supported the Red Ribbon campaign (including Isabella Bank and Trust and local flower shops) and red ribbons were passed out at a local parade.

Satellite Conference: A Special Report

We participated in the satellightning video conference "Alcohol: A Special Report," however, only 3-4 people attended both sessions.

Community Outreach

This year various CMU groups made a concerted effort to expand NCAAW programming and general alcohol and other drug education efforts to the Mt. Pleasant community. These efforts have been mentioned previously in this report, however, they are deserving of special recognition and are summarized in Table 3.

Evaluation

As part of a student alcohol and other drug use survey, 370 students, 200 faculty, 150 administrative professionals, 150 clerical staff, 150 residence hall staff and a sample of residence hall residents were questioned regarding their awareness of alcohol awareness week, if they participated in alcohol awareness week, whether or not CMU employees discussed alcohol or other drug issues with students, and to what extent respondents examined their own personal use of beverage alcohol during NCAAW. At the time this report was written, all data had not been received. However, 370 students, 70 faculty, 59 administrative professionals, 77 clerical staff, 0 residence hall staff (data will be collected in January) and 2,117 residence hall residents had returned completed questionnaires. Data from students was collected during classes, data from residence hall residents was collected where they live, and a random sample of employees were sent surveys and one reminder through campus mail. Preliminary data is summarized in Table 4.

TABLE 3. CMU NCAAW Outreach to Mt. Pleasant Community

Organization	Program
PRIDE	Red Ribbon Day consultation to local Parent to Parent group on community-wide Red Ribbon Day; ongoing outreach programs to elementary, middle and high schools
Eta Sigma Gamma, Wellness Resource Center, SADD, ADAIPP	Designated Driver Program
Student Organizations	Homecoming Parade floats with alcohol/drug education theme
Saxe Residence Hall	Dance for junior high students, prosecuting attorney discussion with parents
Wellness Resource Center Substance Abuse Program	Mt. Pleasant Alternative School Discussion by a panel of recovering alcoholics
Wellness Resource Center Substance Abuse Program	Alma College discussion by a panel of recovering alcoholics

Table 4. CMU 1988 NCAAW Evaluation

Question	Students n=370	Faculty n=70	Administrative Professionals n=59	Clerical n=77	Residence Hall Staff n=150	Residence Hall Residents n=2,117
Were you aware of alcohol awareness week at CMU during fall semester 1988?					(Data will not be collected until winter training.)	
Yes	86%	97%	98%	96%		78%
No	14%	3%	2%	4%		22%
(no answer)	(n=1)	(n=1)				(n=1)
Did you attend or participate in any alcohol awareness week programs or activities?						
Yes	21%	9%	19%	13%		34%
No	79%	81%	81%	87%		64%
(no answer)	(n=1)	(n=1)				(n=3)
Did you discuss with any students alcohol or other drug issues?						
Yes	Question	39%	22%	34%		Question
No	not asked	61%	78%	66%		not asked
(no answer)		(n=1)				
To what extent did you examine your own personal use of beverage alcohol during alcohol awareness week?						
Not at all	51%*	52%	34%	59%		27%
A little	27%	29%	34%	21%		30%
Somewhat	18%	17%	29%	14%		33%
A great deal	4%	2%	2%	5%		10%
Don't drink beverage alcohol	(n=22)	(n=11)	(n=18)	(n=18)		(n=256)
(no answer)	(n=9)	(n=1)		(n=1)		(n=21)

* Percentages are based upon those individuals who consume alcohol and answered the question. For students n=339, for faculty n=58, administrative professional n=41, clerical n=58, residence hall residents n=1,840.

Examination of Table 4 shows that the vast majority of survey repondents were aware of NCAAW. Seventy-eight percent of respondents living in the residence halls and 86% of the students surveyed in their classes were aware of NCAAW. Ninety-six to 98% of the faculty and staff who returned surveys were aware of NCAAW. Twenty-one percent to 34% of the students surveyed participated in a NCAAW activity, while 9% (faculty) to 19% (administrative professionals) of CMU employees surveyed participated in some NCAAW activity.

Many faculty (39%), clerical staff (34%) and administrative professionals (22%) discussed alcohol or other drug issues with students during NCAAW. To the extent these results are generalizeable, this suggests considerable involvement by many employees in helping students evaluate the role of alcohol and other drugs in their lives.

Further examination of Table 4 shows that between 4% and 10% of the students who drink alcohol evaluated their own personal use of beverage alcohol "a great deal," between 18%-33% of student respondents "somewhat," between 27%-30% "a little," and between 27%-51% of students respondents did not evaluate their use of alcohol at all. Students living in residence halls were more likely than other students to evaluate seriously the role of alcohol in their lives.

Though not a direct target of NCAAW programs, the data suggest significant self-evaluation by university faculty and staff of their use of beverage alcohol. For example, between 2%-5% of faculty and staff respondents evaluated their use "a great deal," between 14%-29% "somewhat," and between 21% and 34% "a little."

Upcoming Programs and Events

As was mentioned earlier in this report, NCAAW programming was intended to be, and has been, a springboard for the academic year's alcohol and other drug education efforts. Table 5 summarizes the academic year calendar of programs. In addition, we will be piloting a State of Michigan Office of Highway Safety Planning year-long program titled "Enjoy Michigan Safely" which targets institution of higher education for series of educational efforts throughout the year. The basic message is the following:

Zero - It's O.K. NOT to drink alcohol. (It's especially important not to drink alcohol if you are driving, under 21, pregnant or chemically dependent.)
One - One drink per hour sets the pace for moderate drinking, and
Three - Three drinks a day is the moderation maximum.

This program was implemented campus-wide this holiday season. In addition, the CMU Wellness Resource Center newsletter "Bringing the Beat" begins publication this winter. Alcohol/drug information will be a regular feature along with other health information.

TABLE 5. Tentative Alcohol and Other Drug Programming Calendar for 1988-89 Academic Year

National Collegiate Alcohol Awareness Week - October 17-23, 1988
Holiday Campaign
Alcohol/Drug Usage Survey
Collegiate Click - October 9-15, 1988
Enjoy Michigan Safely - holiday campaign

Winter 1989

National Collegiate Drug Awareness Week, February 6-12, 1989
Safe Spring Break
Summer Send-off
Enjoy Michigan Safely - winter sports

Ongoing 1988-89 Academic Year

Housing education programs
Housing Carefrontation program
Counseling Center individual and group counseling
Wellness Resource Center Substance Abuse Program
Student Life education and programs
Enjoy Michigan Safely
PRIDE outreach programs to elementary schools, junior and senior high schools

APPENDIX

Alcohol and Drug Abuse Intervention and Program annual report 1987-88

CMU Alcohol/Drug Programs Coordinating Group 1988-89

"You are the Key to Responsible Decisions concerning Alcohol" advertisements

Mayor of Mt. Pleasant NCAAW Proclamation

President of CMU letter to university community

CMU president press release

Letter from Vice President of Student Affairs and ADAIPP Coordinator

Draft III of CMU's Basic Alcohol and Other Drug Education Message

Letter from Director of Housing

Vice President for Student Affairs letter regarding proposed alcohol policy

Teleconference - Alcohol: A Special Report

Selected CM Life articles

Proposed alcohol policy

Eta Sigma Gamma Designated Driver program information

Enjoy Michigan Safely campaign information

The Housing News

Bringing You the Beat newsletter

The PRIDE Express

STUDENT AFFAIRS ANNUAL REPORT

1987-88

PREPARED BY THE DIVISION OF STUDENT AFFAIRS

CENTRAL MICHIGAN UNIVERSITY

MT. PLEASANT, MICHIGAN 48859

ALCOHOL AND DRUG ABUSE INTERVENTION AND PREVENTION PROGRAM

Alcohol and other drug problems and corresponding strategies on how to address these concerns in all areas of our society are currently receiving considerable national attention. School based programs for the primary and secondary grades, commmunity programs for parents, employee/student assistance programs, increased enforcement efforts for illicit alcohol/drug use, education about the unique problems of the elderly related to alcohol/drug misuse, tougher drunk driving laws, drug testing by many employers, inpatient and outpatient treatment programs, concerns about alcohol beverage advertising media campaigns and other activities are all part of what could be described as a societal effort to reduce or eliminate alcohol/drug problems.

Institutions of higher education should and are taking responsibility for and becoming a part of this societal effort to combat alcohol/drug problems. There are a number of national and state efforts which specifically target higher education for prevention, education, intervention, treatment and referral efforts.

The U.S. Department of Education has appointed a planning group for a soon to be establisned "Network of Colleges and Universities Committed to the Elimination of Drug and Alcohol Abuse." The planning group developed a document entitled "Standards of the Network of Colleges and Universities Committed to the Elimination of Drug and Alcohol Abuse." The Standards have been sent to the presidents of all institutions of higher education by U.S. Secretary of Education Bennett with a letter requesting the Standards be endorsed by the institutions. The planning group is also currently working on an institutional self-assessment package whereby institutions could determine if their campus-wide alcohol/drug abuse programs comply with the Standards. A national forum is also being planned for next fall.

The Federal Financial Aid Law requires institutions to certify that they have in operation a drug abuse prevention program that is determined by the institution to be accessible to any officer, employee, or student at the institution. The law is effective with periods of enrollment beginning on or after July 1, 1987.

Other National Higher Education efforts include representatives of a number of student personnel organizations comprising the Inter-Association Task Force on Alcohol and Other Substance Abuse Issues. The Task Force sponsors National Collegiate Alcohol Awareness Week and National Collegiate Drug Awareness Week. The American College Personnel Association Commission VIII (Wellness) Task Force on Alcohol and Other Drugs should achieve commission status this coming November. Among other activities, this Task Force is developing a document titled "Comprehensive Guidelines for an Institutional Response to Alcohol and Other Drug Problems" to help aid institutions of higher education develop campus-wide alcohol/drug programs, and provides a professional network for individuals working on substance abuse prevention in higher education.

The U.S. Department of Education Fund for the Improvement of Post Secondary Education has for the second year sponsored a grant competition to aid higher education institutions in the development, implementation, and/or improvement of comprehensive, institution-wide alcohol/drug programs.

The American Council on Alcoholism, Inc. is working to develop a "College and University Network" to help address alcohol/drug problems. Many national student personnel organizations have developed or are developing position statements and task forces to help address alcohol/drug problems in higher education.

In Michigan, the Michigan Consortium on Substance Abuse Education is a loose consortium of colleges and universities in the State who work to provide an exchange of information of curricular issues and program development to address alcohol/drug problems. The Michigan Coalition for Safety Belt Use is sponsoring a "Collegiate Click" program next October. In addition, the Michigan Office of Substance Abuse Services Prevention Specialists have received inservice training on how to work within and assist colleges and universities in their prevention efforts.

In Mt. Pleasant, many efforts currently exist to address local community alcohol/drug problems. There exist two outpatient substance abuse treatment programs, prevention efforts K-12, a student assistance program in high school, programs for parents with children of all ages, alcohol highway safety programs, probation officers referring individuals for substance abuse treatment, tough enforcement of drunk driving laws, local cooperation to end the "End of the World Party," and the Prosecuting Attorney has sponsored a "Parent to Parent Program," among other efforts. There has also recently been established a local Human Services Coordinating Body sponsored Substance Abuse Task Force.

Considerable efforts are currently underway to help address the alcohol/drug problems which exist throughout the entire spectrum of our society. Our work at Central Michigan University in this area is one part, an important part, of a much greater whole.

CMU Alcohol and Drug Abuse Intervention and Prevention Program. The Alcohol Abuse Intervention and Prevention Program (ADAIPP) began during the Fall Semester, 1984. It is a campus-wide program coordinated through the Counseling Center. The half-time coordinator of the Program reports directly to the Vice President for Student Affairs. The general purposes of the program are to reduce alcohol abuse, encourage responsible use of the drug by those individuals of legal age who choose to consume alcohol, support individuals who choose not to use alcohol, and assist and provide referral when appropriate for individuals with drinking problems.

ADAIPP Goals (adopted in part from the goals of the student group BACCHUS and expanded for 1988-89 to include drugs other than alcohol):

1. Encourage educated and responsible use of alcohol within the university community by individuals of legal drinking age who choose to consume alcohol and to discourage the use of other drugs.

2. Support an individual's choice not to use alcohol/drugs if he/she so desires.

3. Work towards reducing alcohol/drug abuse and misuse.

4. Educate and inform students, faculty, staff, administration and Mt. Pleasant community regarding alcohol/drug use and abuse.

5. Encourage and support alcohol/drug related research.

6. Increase awareness and availability of healthy alternatives to alcohol/drug use.

7. Enhance communication within and involvement by the university regarding alcohol/drug matters internally and externally.

8. Encourage and support preventive and early intervention efforts directed towards individuals who abuse alcohol/drugs or are alcohol/drug dependent.

Summary of Activities During 1987-88

The hiring of Kevin Rabineau in August 1987 as supervisor of the Health Service's Health Advocacy program was an important addition to our campus-wide effort to reduce alcohol/drug problems. A significant amount of his time has been spent working in this area during the past year. In September the Alcohol Education Resource Center moved from the Counseling Center to the Wellness Resource Center to become a part of that service. During the year a paid student assistant and student volunteers staffed the alcohol/drug information section of the Wellness Resource Center.

At its May 16th, 1988 meeting, the President's Council endorsed in concept the Standards of the Network of Colleges and Universities Committed to the Elimination of Drug and Alcohol Abuse. President Ellis informed Secretary Bennett of this endorsement in a May 26, 1988 letter.

Campus-Wide Efforts. Many individuals and units on campus are involved in alcohol and other drug education efforts. It is not the purpose of this report to document all these activities, but to mention some of the most significant events. Other activities designed to reduce alcohol abuse and other drug use have been undertaken on campus this year.

Housing has done an exceptional job in providing education on alcohol and other drugs to residents and in implementing the "Carefrontation" and "Get Smart" programs. Orientation is incorporating alconol/drug education information in new student and parent orientation sessions. Public Broadcasting, under the leadership of Linda Hyde, has been involved in Project Graduation training. Many faculty are incorporating alcohol and other drug information into classroom presentations. Student athletes are required to take a drug education class. Individuals are evaluating the role of alcohol in their own lives. The Alcohol Policy Committee expects to make policy recommendations soon. Alcohol/drug education materials, including information on legal issues and liability associated with alcohol use and misuse, are being provided to student organizations. Faculty, staff and students are becoming more likely to reach out and talk to someone they are concerned about because of his/her drinking. The Wellness Resource Center has.sponsored and co-sponsored many alcohol/drug education and related health programs.

The following, in outline form, is an overview of campus-wide efforts undertaken during 1987-88 to reduce alcohol/drug problems:

1. Staff and Campus Involvement

    a. Formal - Program Coordinator, Supervisor Health Advocacy Program, Housing Complex Manager, Assistant Director Office of Student Life (Student Activities), Assistant Director Campus Recreation, Intern, Student Assistant, Work Study Student

b. Informal - Student Volunteers, Student Organizations (PRIDE, Eta Sigma Gamma, Fraternities/Sororities, SGA, RHA, etc.), staff involved in developing campus recreational activities, wellness programs, educational/cultural/social events, etc.

c. Faculty/Staff supporting attendance at educational activities, incorporating alcohol/drug information and assignments in classes

2. Curriculum

a. Mandatory student athletes drug education course

b. Substance abuse programming minor in Health Education (nearly completed)

c. Curriculum infusion (incorporating course relevant alcohol/drug information into lectures, assignments and discussion)

3. Campus-Wide Programs (1987-88)

a. National Collegiate Alcohol Awareness Week (Fall)

b. Holiday Health Blitz (Fall)

c. Fetal Alcohol Awareness Day (Winter)

d. Drug Awareness Week (Winter)

e. Beerfast (sponsored by Campus Recreational Services and undertaken in Winter)

f. Safe Spring Break Education (Winter)

g. Fraternities - "Double Vision" program, new school policy, three alcohol/drug programs per month

4. Housing

a. Staff training and development on identification and referral of individuals with alcohol/drug problems

b. Early intervention, "carefrontation" and referral of students with possible alcohol/drug problems

c. Ongoing educational programs to hall residents

d. Peer Educators/"Get Smart" Program

e. Alcohol education posters on display

5. Wellness Resource Center

a. Alcohol/Drug information provided to the university community

b. Other health information and referral

c. Peer resource people

d. Student led presentations and groups

e. Staff training and development on alcohol/drug topics

6. Alcohol Education Discipline Program for alcohol related infractions of the Student Code of Conduct. This is a small group (6-12), with five one-hour sessions, forced referral option for our Proceedings Officer. This year 46 students completed this program. A complete report of this program is available upon request. The AEDP has been in operation four years.

7. Counseling Center

   a. Staff training and development on alcohol/drug topics

   b. Counseling and support groups (Adult Children from Alcoholic or Otherwise Dysfunctional Families, Chemical Free Support Groups, Women Who Love Too Much)

   c. Counseling and referral of individuals with alcohol/drug problems.

8. Orientation

   a. Letter from Mr. Hill clearly stating University expectations and consequences for using alcohol during Orientation, and sources of assistance.

   b. Staff training and development on alcohol/drug topics

   c. Student mentor small group discussion with new students on alcohol/drug topics

   d. Alcohol/Drug education skit (planned Summer 1988)

   e. Presentation by an incoming freshman who is a recovering alcoholic/drug addict

   f. "Alcohol Choice is Yours" brochure (by Housing)

   g. Alcohol/Drug posters and display case present in residence halls during Orientation

   h. Parent education on alcohol/drug topics

9. Revision of Campus Alcohol Policy

10. CM Life policy not to accept advertisements which promote abusive use of alcohol, excellent coverage of alcohol/drug education activities and editorial support

Recognition and Professional Involvement of Student Affairs Division Staff. As is obvious from this report, implementing a comprehensive campus-wide program to combat alcohol/drug problems requires more than the efforts of one person. Involvement and caring by many individuals is essential in any meaningful effort to combat these problems.

CMU was recognized for our National Collegiate Alcohol Awareness Week Program for the third time by the National Association of Student Personnel Administrators for "outstanding achievement in the area of alcohol education."

Ann English Owens was elected to the Board of the Michigan Consortium on Substance Abuse Education.

Ross Rapaport was appointed to the U.S. Department of Education Planning Group for the Network of Colleges and Universities Committed to the Elimination of Drug and Alcohol Abuse; has been nominated to represent the American College Personnel Association on the Inter-Association Task Force on Alcohol and Other Substance Abuse Issues; and represents CMU on the local substance Abuse Task Force and to the Michigan Consortium on Substance Abuse Education.

During the latter part of the academic year an "Alcohol/Drug Program Coordinating Planning Group" met on at least a monthly basis. Karen Hutchins, Dave Lascu, Ann English Owens and Kevin Rabineau should be commended for excellence in their respective areas for their efforts to address alcohol/drug problems. Sherri Look, a paid student assistant, both led the Alcohol Education Discipline Program and worked in the Wellness Resource Center in the Alcohol/Drug Information area. She did an excellent job.

Many other individual faculty, staff and students have been involved in our campus-wide program in many ways. Student organization projects (PRIDE, Eta Sigma Gamma, The Greek System), faculty incorporating alcohol/drug information in class, individual interest and encouragement all come together to help define a truly widespread effort to reduce alcohol/drug problems at CMU.

Plans for 1988-89

1. Coordinate campus alcohol/drug education, prevention, intervention, treatment and referral activities.

   a. This will involve at least a monthly group meeting with the Housing Complex Manager responsible for alcohol/drug education (Ann Owens), Supervisor Health Advocacy Program (Kevin Rabineau), Assistant Director of Student Life (Dave Lascu), Assistant Director of Campus Recreational Services (Karen Hutchins), and a counselor working on alcohol/drug Counseling Center services, all of whom are very involved with alcohol/drug program efforts on campus.

   b. Hopefully, systematic education/prevention, intervention, treatment and referral activities will be expanded further to faculty/staff. This will depend on the adequacy of staffing.

2. Coordinate the following campus activities:

   a. National Collegiate Alcohol Awareness Week during winter semester

   b. A holiday campaign before end of fall semester

c. National Collegiate Drug Awareness Week during winter semester

d. A Safe Spring Break campaign during winter semester

e. Beerfast program winter 1989

3. Provide Alcohol Education Discipline Program (ADEP) groups as a service to the Office of Student Life. Currently these groups are provided by a paid student assistant.

4. The following objectives will be implemented on a regular basis by one or more of the following Division of Student Affairs Units: Housing, Health Services/Wellness Resource Center, Student Life/Student Activities, Campus Recreational Services, Orientation and the Counseling Center.

   a. Staff and update alcohol/drug materials in the Wellness Resource Center.

   b. Train residence hall staff on alcohol/drug abuse education, prevention, intervention and referral.

   c. Train Orientation mentor staff on alcohol/drug abuse education, prevention, intervention and referral.

   d. Speak to students, faculty and staff on alcohol/drug use and abuse related topics.

   e. Provide counseling assistance, intervention and/or referral to students with alcohol or other drug problems.

   f. Provide training for at least one student intern (if one is accepted for an internship).

   g. Work with members of student groups and organizations in the areas of alcohol/drug abuse, education, prevention, intervention and treatment.

   h. Support the development and maintenance of student groups working to reduce alcohol abuse (e.g., Eta Sigma Gamma, Students Against Drunk Driving, BACCHUS, PRIDE, etc.).

   i. Implement a counseling group for the adult children from alcoholic or alcohol abusing and/or otherwise dysfunctional families.

   j. Implement a support group for students who want to remain chemically free.

   k. Help support bringing nationally or regionally known alcohol/drug education speaker(s) to campus and/or local community.

   l. Provide alcohol and other drug information to faculty and staff who wish to incorporate this information into courses they are teaching or other professional or personal endeavors.

   m. Maintain a listing of local, regional and national sources of assistance for individuals with alcohol/drug problems.

n. Educate student organizations on alcohol/drug issues, risk management, etc.

5. Review exisiting "umbrella" ADAIPP in terms of philosophy, consistency, coordination and needed areas of expansion or contraction.

Needed Additions to Our Campus-wide Program. A major needed area of expansion is in providing for systematic prevention, education, intervention, treatment and referral options to all CMU employees. CMU has a faculty/staff assistance program for chemical dependency problems housed in the Counseling Center on "paper". However, in point of fact, sufficient resources have not been allocated to this program to make it a viable ongoing effort. From time to time employees with alcohol/drug problems are identified and referred to treatment. Some employee chemical problems have been ongoing with workers enabling the problem to continue rather than being educated on how to timely help the person.

Research on employee assistance programs repeatedly demonstrates that they are cost effective in addition to being a humane method of addressing a complex and devastating problem. CMU, as an organization, needs to prioritize funding and provide necessary resources for our faculty/staff assistance program. Ultimately this will have immediate and long range impact on our entire university and local community. A healthy faculty/staff helps provide an essential component of a healthy environment and appropriate role models for our students.

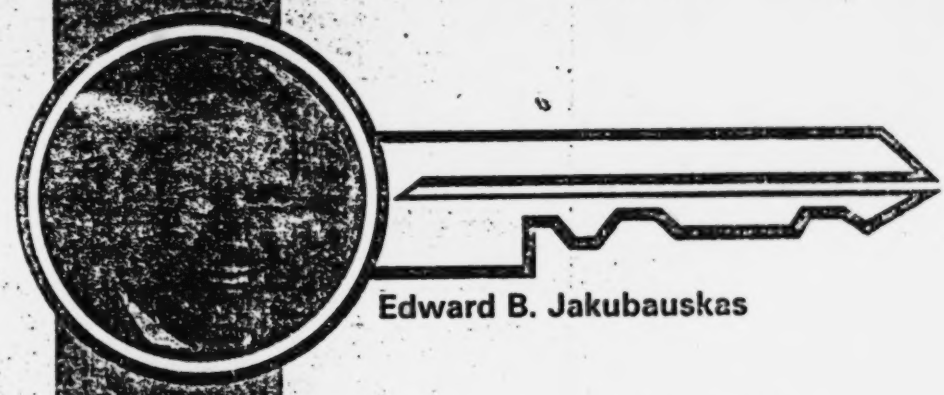
Ross J. Rapaport, Coordinator
Alcohol and Drug Abuse Intervention
and Prevention Program

CMU ALCOHOL/DRUG PROGRAMS COORDINATING GROUP
1988-89

Ross Rapaport	Counseling Center Foust 102	774-3381
Kevin Rabineau	Health Advocacy Program Foust 205	774-6583
Ann Owens	Beddow Residence Hall	774-6601
Dave Lascu	Office of Student Life Foust 251	774-3016
Karen Hutchins	Campus Recreational Service Finch 101	774-3686
Mark Minelli	Center for Health Related Programs, Ronan 207	774-3290
Sherri Look	Wellness Resource Center Lower Level, Univ. Center	774-3202
Michelle Basket	PRIDE Representative Washington Apt. N-10	774-5807
Robin Rink	Eta Sigma Gamma Representative 403 Sweeney	774-6072
Anne Seebaldt	CM Life Representative 008 Anspach Hall	774-3493
Greg Altman	c/o Counseling Center 102 Foust Hall	774-3381
Dan Devito	RHA 805 Carey Hall	774-5157 -7421
Scott A. Inman	IFC 802 S. Main Apt. B Mt. Pleasant, MI 48858	772-3645
Joe Singer	SADD 506 Cobb	774-6061
Penny Norton	Mid State Substance Abuse Comm. 105 W. Fourth St. Clare, MI 48617	1-386-4020
Cathleen Ward	SGA 105 Sweeney Hall	774-7421 774-5157
Janet Walls	RHD Herrig Hall	774-3916
Kristine Kokx	Advertising Director CM Life Anspach 008	

revised 11-21-88

YOU
Are the Key to Responsible Decisions Concerning Alcohol



Edward B. Jakubauskas

Help prevent alcohol abuse through education

Support
National Collegiate Alcohol Awareness Week
Oct. 16-22, 1988

SPONSORED BY:
DIVISION OF STUDENT AFFAIRS

CMC.6e 10/18/88

YOU
Are the Key to Responsible Decisions Concerning Alcohol

Cathleen Ward
President of SGA

Help prevent alcohol abuse through education

Support
National Collegiate Alcohol Awareness Week
Oct. 16-22, 1988

SPONSORED BY:
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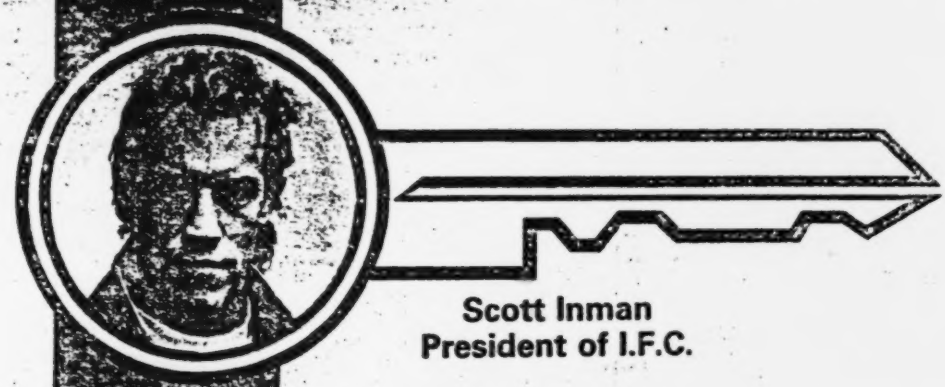
DCT 21, 1988

YOU
Are the Key to Responsible Decisions Concerning Alcohol



Scott Inman
President of I.F.C.

Help prevent alcohol abuse through education

Support
National Collegiate Alcohol Awareness Week
Oct. 16-22, 1988

SPONSORED BY:
DIVISION OF STUDENT AFFAIRS

P R O C L A M A T I O N

WHEREAS, Central Michigan University is recognized nationwide for excellence in educational programming on alcohol awareness during the National Alcohol Awareness Week, and

WHEREAS, In 1987, the students of Central Michigan University received a personal letter of thanks from First Lady Nancy Reagan for their efforts on behalf of the fight against drug and alcohol abuse taking place throughout America today, and

WHEREAS, Alcohol Awareness Week initiates a year-round emphasis on alcohol education with various ongoing workshops, displays and activities across the campus,

NOW, THEREFORE, I, Conrad A. English, Mayor of the City of Mt. Pleasant, Michigan, do hereby proclaim October 16-22, 1988 as

A L C O H O L A W A R E N E S S W E E K

in Mt. Pleasant and urge local support of the various activities that will take place to encourage educated and informed decisions concerning the use and non-use of alcohol and other drugs.

In Witness Whereof, I hereunto set my hand and the Great Seal of the City of Mt. Pleasant, Michigan, this 17th day of October, 1988.

Conrad A. English
Mayor

CENTRAL MICHIGAN UNIVERSITY

OFFICE OF THE PRESIDENT

October 12, 1988

To the University Community:

Some members of the Central Michigan University community may experience alcohol dependence which interferes with their studies, work, health, and interpersonal relationships. In an effort to assist those individuals, and the entire university community in making informed decisions about the responsible use of alcohol, I am declaring October 16 - 22 as Alcohol Awareness Week at CMU.

All members of the university community are encouraged to evaluate, at a very personal level, the importance and consequences of alcohol use in their lives. We currently have available very effective alcohol education programs, and I encourage you to seek them out for your own benefit and for the benefit of those whom you care about. Ross Rapaport in the Counseling Center will be pleased to help you.

This year's Alcohol Awareness Week will again feature various programs, displays and activities across the campus and Mt. Pleasant community, all aimed at the prevention of alcohol abuse. These activities support the efforts of the National Collegiate Alcohol Awareness Week program.

Please join your colleagues and me in supporting Alcohol Awareness Week at CMU.

Sincerely,

E. B. Jakubauskas

Edward B. Jakubauskas
President

CENTRAL MICHIGAN UNIVERSITY N·E·W·S

Jo Stephenson, *News Bureau Director* • Media Relations Office • Mt. Pleasant, MI 48859 • Phone 517/774-3197

October 14, 1988

JAKUBAUSKAS DECLARES OCT. 16-22 ALCOHOL AWARENESS WEEK

MT. PLEASANT--Central Michigan University President Edward Jakubauskas has proclaimed Oct. 16-22 as Alcohol Awareness Week. Campus activities will coincide with National Collegiate Alcohol Awareness Week, now in its fifth year.

"Our campus efforts have been outstanding and have won national honors," said Jakubauskas. "Alcohol Awareness Week at CMU continues our year-round emphasis on alcohol education and individual responsibility.

"We want students to think seriously about their health, respect for others, and alternative social activities," said Jakubauskas. "A partnership approach--with students, faculty, administrators, and community--is the best way to prevent problems associated with alcohol misuse."

Workshops, displays, and activities are scheduled throughout Alcohol Awareness Week. For more information, call Ross Rapaport at (517) 774-3381.

-30-

CENTRAL MICHIGAN UNIVERSITY
VICE PRESIDENT FOR STUDENT AFFAIRS

October 5, 1988

Dear Faculty and Staff,

National Collegiate Alcohol Awareness Week (NCAAW) programming has become an annual event at CMU. This year, NCAAW, which is sponsored by the Inter-Association Task Force on Substance Abuse Issues, will be observed the week of October 17. We know from conversations with faculty and staff members that during NCAAW, alcohol and other drug issues are discussed in many classes and in other contacts with students.

The main thrust of our efforts to reduce alcohol and other drug problems on campus is to encourage all members of the University community to evaluate the role of alcohol and other drugs in their own lives, and then make responsible and educated decisions for themselves regarding use or non-use.

It is very difficult to send a consistent and realistic message to our students which is in accord with state law and is not dogmatic or appears to tell a student what he or she should or should not do. Over the last few months members of the Alcohol and Drug Program Coordinating Group, with input from students and others, have developed a summary statement of an alcohol/drug education message. We've attached that summary statement to this letter, and hope the statement will be helpful should you decide to discuss substance use and abuse issues in your classes or other contacts with students. We would also be very interested in your feedback on its content as we are still revising the statement.

Please encourage students to attend the educational programs and activities offered by Housing, the Wellness Resource Center and Health Advocacy Service, Student Activities, Counseling Center, PRIDE, Eta Sigma Gamma and other student organizations. Programs and activities will be throughout the month of October.

Contact Ann Owens (6601), Kevin Rabineau (6992), Dave Lascu (3017), Karen Hutchins (3686), Mark Minelli (3290), Sherri Look (3203) or Ross Rapaport (3381) if you have questions or comments about NCAAW or the attached statement.

Thank you.

Sincerely,

James L. Hill
Vice President
for Student Affairs

Sincerely,

Ross J. Rapaport
Associate Professor of Counseling
Coordinator, Alcohol and Drug Abuse
Interventions & Prevention Program

(517) 774-3208
MOUNT PLEASANT, MICHIGAN 48859

DRAFT III
For Internal Use Only.

CMU's Alcohol and Drug Abuse Intervention and Prevention Program
Basic Alcohol and Other Drug Education Message

(to fit within a general wellness model of health enhancing campus environment)

1. Non-use of alcohol and other drugs is supported and encouraged by CMU.

2. Illegal use of alcohol and other drugs is not O.K. and not encouraged by CMU. Ultimately, whether or not an individual chooses to use alcohol/drugs will be a personal decision.

3. All members of the university community should be educated about the health, legal and other consequences of alcohol and other drug use. If an individual chooses to break the law regarding the use of alcohol or other drugs, that individual should make that decision with complete awareness of all consequences. An individual is responsible for his or her own behavior.

4. Moderate and responsible use of alcohol by individuals of legal drinking age (21) is a viable option for some individuals. Individuals under the age of twenty-one should be familiar with these concepts.

5. Users of alcohol and other drugs are encouraged and supported by CMU in honest and realistic self-examination of the consequences of their use. Is alcohol/drug use helping or interfering with achievement of life goals? Are users happy with the consequences of use? Is use causing a problem? (What causes a problem is a problem because it causes problems.)

6. Users of alcohol/drugs are encouraged to discuss with others (friends, professionals, CMU faculty and staff, etc.) the consequences of use and seek out help if use is causing problems.

7. All members of the university community have the right to not be disturbed by the inappropriate behavior of individuals who use alcohol and/or other drugs and to seek assistance for themselves as needed.

8. Educators addressing alcohol and other drug topics should be appropriate role models.

CENTRAL MICHIGAN UNIVERSITY
HOUSING AND FOOD SERVICES

October 1988

Dear Faculty, Staff, and Administrators:

National Collegiate Alcohol Awareness Week is October 16-22. Many special activities and events are planned to heighten alcohol awareness on the campus of Central Michigan University during the entire month of October.

The Housing Department would like to take this opportunity to share with you some information on our "Carefrontation" program: An alcohol early intervention program. This student assistance program was developed a year ago and implemented Winter Semester of 1988. The program is designed for Residence Hall Staff, R.A.s, and Residence Hall Directors to "carefront" residents who display repeated patterns of alcohol abuse. A carefront is simply sitting down with a person, telling them you care about them and are concerned about their consumption of alcohol and what it's doing to them. Many residents who are carefronted are referred to the Counseling Center where they and a counselor explore the effects alcohol has on them and determine a plan of action to eliminate the problem.

The goal of this program is to intervene early enough so the student status of a resident can be maintained and they can complete their academic tenure at CMU.

Enclosed please find an I CARE button. We would like to encourage you to wear this button and discuss this intervention program in your classes. If you are concerned about an alcohol or drug abuse problem with any of your students, please feel free to contact Dr. Ross Rapaport at the Counseling Center (3381) or Ann Owens, Complex Manager of South Campus (6601) for more information.

Sincerely,

Gary Ciaffone
Director of Housing

GC:kj

Enclosure

517/774-3282
MOUNT PLEASANT, MICHIGAN 48859

CENTRAL MICHIGAN UNIVERSITY
VICE PRESIDENT FOR STUDENT AFFAIRS

October 10, 1988

Dear Members of the University Community,

Two years ago I appointed an Alcohol Policy Committee which was made up of students, faculty and staff. The charge of the Committee was to develop a comprehensive, institution-wide alcohol policy. The Committee recently completed its charge and referred to me a draft of what they feel is a workable policy which states rules and regulations about the consumption of beverage alcohol on our campus and guidelines for further policy development to address student/employee alcohol problems. The Committee felt strongly that the policy should apply equally to all members of the University community.

The next, and extremely important, phase of policy development is obtaining input and reactions from all university constituencies. Enclosed is a draft of the alcohol policy. Please review the document yourself and discuss it with other members of your organization, group or staff. I would appreciate your reaction to the policy in writing, if at all possible, no later than Friday, November 11, 1988. The Committee can then review reactions and make revisions in time for me to present a final draft of the proposed policy to the President's Council in December.

If you would like to discuss the proposed policy with Committee representatives, feel free to contact Ray Johnson (3188) or Ross Rapaport (3381). There will also be open forums for discussion of the proposed policy on October 18 and 20, 1988. The times and locations of the forums are Tuesday, October 18 at 4:00-5:00 p.m. and 7:00-8:00 p.m., in 206 Moore Hall; Thursday, October 20, Noon-1:00 p.m. in the UC Maroon Room; and Thursday, October 20, 5:00-6:00 p.m. in the UC Lake Michigan Room.

I am most interested in your comments on the proposed policy, whether they are positive or negative. I believe the more involvement and reaction to the proposed policy, the stronger the final document. Thank you for your assistance in this matter.

Sincerely,

James L. Hill
Vice President
for Student Affairs

JLH/kjf

cc: Alcohol Policy Committee

(517) 774-3208
MOUNT PLEASANT, MICHIGAN 48859

A LIVE NATIONWIDE SATELLITE EVENT

ALCOHOL: A SPECIAL REPORT

October 18, 1988

There is a problem on our college campuses - it's alcohol. Although the drinking age has been raised in states across the country, there seems to be little change on our college campuses. The problem still exists. Students use and abuse alcohol widely on our college campuses. It has become a problem we can no longer ignore. We need to address this problem and offer some solutions. We must consider this issue as it relates to the future of our student's lives and the quality of campus life. This issue concerns all aspects of the college community. On hand everyone of us must become involved.

This live satellite program will investigate this problem and consider some solutions. Campuses across the nation will take part in the discussion. This program will enable them to voice their concerns, identify common problems and explore solutions. This is a very real problem. Please join fellow educators, college health professionals and concerned students for an informative program detailing the facts about alcohol on our college campuses.

"Alcohol use is one of the most critical health issues in higher education because of its close relationship to ... and injury, self esteem, sexually transmitted ...ses and sexual assault."

Richard P. Keeling, M.D.
President of The American College Health Association

You can help alcohol-dependent people

Ross Rapaport
Counselor's Corner

What is an intervention?

Sometimes we worry about someone when that person doesn't seem to be willing to acknowledge a problem. An intervention is a way to help that individual. An active confrontation of specific behaviors by caring others, an intervention is designed to increase awareness of problem behaviors, to prevent problems from becoming worse and to promote referral for further assessment and possible treatment.

An intervention takes advantage of a unique opportunity to really make a difference and to help someone you care about.

Problem drinking

Some behaviors which may require an intervention are those involved in a pattern of problem drinking. One of the symptoms of problem drinking is denial, which results in the problem being much more evident to others than to the drinker.

Can you help the problem drinker?

In general, you can help someone who has a drinking problem in three stages. First, learn about problem drinking and sources of treatment. Second, guide the person to treatment. Third, support the person during treatment and after. It is important to remember that people are not "bad" or "terrible" if there is a drinking problem. They simply have gotten into something they cannot handle or they may have the disease of alcoholism.

Another way to help the problem drinker is not to be part of the problem yourself. Most of us do well-meaning things that actually encourage problem drinking to continue. This process is known as "enabling." You enable people to keep drinking and denying problems whenever you do anything to help them escape the harmful consequences of drinking. Some examples are:

- ☐ Lying or making excuses for them.
- ☐ Lending them money after they have spent their own on alcohol.
- ☐ Denying the problem yourself.
- ☐ Drinking along with them.
- ☐ Not talking about their drinking because they get angry.
- ☐ Justifying drinking ("He's under so much pressure").
- ☐ Controlling (hiding the alcohol).
- ☐ Minimizing ("It's not so bad").
- ☐ Avoiding problems to keep the peace.
- ☐ Taking over responsibilities (cleaning up a mess made while drunk).

Don't be an enabler. Be part of the solution by learning the facts about alcohol problems and participating in an intervention.

How to identify a problem drinker

It is not how much alcohol a person consumes or what kind of alcohol a person consumes or how often a person drinks alcohol that defines problem drinking or alcoholism. The important variable is what happens *when* a person drinks. You should be concerned about someone who has problems associated with drinking and who continues to drink in spite of those problems.

The following behaviors suggest abuse of or dependency on alcohol:

- ☐ Planned, systematic misuse of alcohol.
- ☐ Preoccupied with partying.
- ☐ Pattern of drinking more than intended.
- ☐ Tolerance (drinking more to get same effect).
- ☐ Blackouts (loss of memory).
- ☐ Negative effects because of alcohol consumption (for example, interference with academic performance, work, leisure or relationships with others).
- ☐ Drinking and driving.
- ☐ Physical injury when using alcohol.
- ☐ Legal problems.
- ☐ Feeling compelled to drink rather than choosing to drink.
- ☐ Needing alcohol for a good time.
- ☐ Regular drinking to intoxication.
- ☐ Unpredictable results of drinking.

A problem drinker may not show all of those behaviors. In fact, some of them may occur occasionally in all who drink alcohol. It is important to observe if there is a pattern of repeated behaviors and to note how severe or disruptive the behaviors have been.

If you have observed a pattern of some of these behaviors in an individual, you may want to consider the intervention process described below. Make sure that the individual is sober and in a private place when you talk about your concerns.

The intervention process

Examine your own values and attitudes about the problem and about the individual. Become informed about the problem. Develop the skills and a *plan* to communicate your concern.

- ☐ Should you be the person to intervene?
- ☐ Who else should be involved?
- ☐ Express your caring and concern.
- ☐ Be behaviorally specific in your examples of problem behaviors; consider keeping a written record of your observations.
- ☐ Do not "label" or criticize.
- ☐ Consult with a substance abuse intervention specialist.

Learn about appropriate referral sources and help the individual to make and keep an appointment. Provide support during treatment. Do not be discouraged if the intervention doesn't work. *Get help for yourself if you are negatively affected by your relationship with the person with the problem.*

For more information locally about alcohol and other drug problems, contact the following on campus: Counseling Center (3381); Wellness Resource Center (3203); Housing Carefrontation Program (6601); Health Services (3055). Off-campus contacts are: Mount Pleasant Counseling Services (773-9655); Family Counseling Service (773-9328); and the Ojibwe Substance Abuse Program (773-9123). Betty Yarris, a counselor at Bowling Green State University, co-authored this column with me.

10/88 cmc-f

Alcohol Awareness Week underway

by JENNIFER CHRISMAN
LIFE Staff Writer

CMCyo 10/14/87

The campus will address the effects of alchohol use and abuse in various campus activities planned during National Collegiate Alcohol Awareness Week.

This year, the week of Oct. 16-22 is designated for alcohol awareness.

Residence halls and student organizations will, during the week, show the effects alcohol can have on the body as well as the importance of responsible drinking, said Ross Rapaport, coordinator for the Alcohol and Drug Abuse Intervention and Prevention Program.

"For the past few years (the program) has sponsored the Alcohol Awareness Week," Rapaport said.

Instead of limiting the functions sponsored on campus to just one nationally designated week, CMU has designated October as Alcohol Awareness Month, Rapaport said.

"Rather than limit the programming to that week, we are trying to spread it out more in terms of the month," he said. "We're over-programmed during the week.

Please See ALCOHOLPage 2

ALCOHOL

CONTINUED FROM PAGE 1

"If we spread it out more, there's more opportunity for people to attend," he said. "I think we are bringing attention to efforts on campus to address alcohol and other drug-related problems."

For the past few years, Central has received national recognition for its activities during Alcohol Awareness Week, Rapaport said.

"In 1987 we were recognized (from 1986) as having one of the five best programs in the nation," he said. "We've received certificates of merit (annually) ever since they started giving them — at least three years ago.

"We have had certificates of merit or national recognition each time it's been available."

Trout, Barnard and Tate residence halls and the Towers Residence Hall Complex are taking part with their own programs during the week.

Tonight at 8 p.m. Trout Residence Hall will have officers from the Department of Public Safety on hand to administer breathalyzer and reflex tests to volunteers who will be consuming alcohol, Natalie Kozicki, Monroe junior, said.

The volunteers will each drink a different form of liquor and then will go through the tests a police officer might administer if the driver of a vehicle is believed to be driving under the influence, Kozicki said.

Mike Moracki, Carey Hall resident assistant said the Towers is also sponsoring the sobriety test tonight in the Towers Residence Hall Complex at 9:30 p.m.

"A couple of officers from DPS are going to come over and explain the Michigan sobriety laws," Moracki, Hartland senior, said.

They will also have residents 21 or older drink and be tested by the DPS officers, Moracki said.

"We are responsible for the two individuals that will be drinking," he said. "They won't be leaving the building at all that night."

Moracki said the program is designed to inform residents about Michigan laws as well as provide information about alcohol.

Tuesday night at 7 p.m. Pamela Wade, Trout RHD, will give a presentation titled 'Enabling' in Trout hall. Wade is a former counselor and has given speeches on alcohol previously, Kozicki said.

In addition, PRIDE, an alcohol and drug awareness group, will be presenting a mini-workshop to in Trout Thursday at 8 p.m., she said.

"It's king of a mini-program of what they would present in an all day workshop, Kozicki said.

"We've noticed that it makes a difference not necessarily with the drinking but with the responsibility (of drinking)," she said.

Barnard Residence Hall has activities planned for every night, Michelle Snyder, Barnard RA, said.

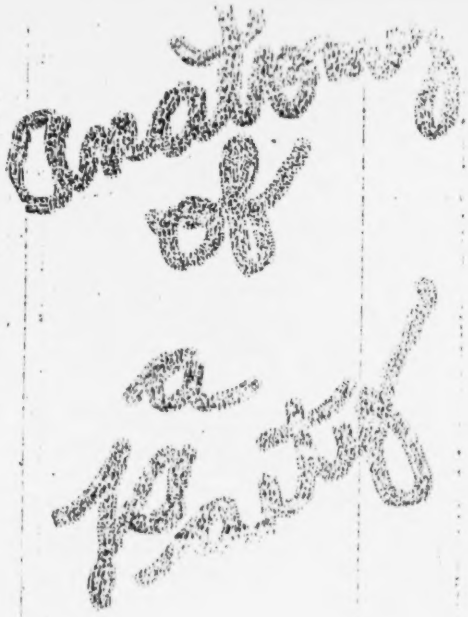
One of the activities is a copa cabana, planned for Barnard and Tate residents Thursday night.

The gambling casino will feature residents as gamblers, dealers, waiters and waitresses, Snyder, Ludington junior, said.

"We're having a contest to create the best non-alcoholic drink in Tate and Barnard that will be served (at the cabana)," she said.

Each student will be provided with $2,500 fake dollars to gamble away or increase at games such as blackjack, poker, craps and roulette, Snyder said.

There will be an auction in the evening allowing the residents to spend their winnings, she said. Area businesses have donated T-shirts, free movie rentals and tanning packages for the auction, Snyder said.



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SPECIAL THANK YOU TO:
Becky Brown
Lori Krause
Ross Rappaport
Steve Siler
and all of the Greek Players

PANELISTS:
David Lascu
Ross Rappaport
Chris Rau
Sharon George

SCRIPT PROVIDED BY:
MIFC\/NAPCA

"ANATOMY OF A PARTY"

Scene 1: The Conception. I mean The Beginning.
The scene focuses on irresponsible partying-- no food, no alternative beverages and no theme or activity. The fraternity is also guilty of underage drinkers, drug use, mandatory party attendance.

Scene 2: No One Knows What Goes on Behind Closed Doors!??
The scene focuses on inappropriate member behavior. The situation involves a discussion of a private chapter matter in public.

Scene 3: Emergency!

The scene focuses on the typical reaction to a chapter emergency-- PANIC! Discussion will center on how to be prepared.

Scene 4: If First You Don't Succeed.

The scene focuses on the planning of another blowout. Discussion focuses on individual and chapter liability-- civil and criminal.

Scene 5: What's Good for the Goose is Good for the Gander.
The scene focuses on the notion that a sorority can also be held responsible when co-hosting an event.

Scene 6: All Aboard!

This scene addresses the issue of gang rape. Discussion will focus on individual and chapter liability and responsibility, as well as values clarification.

Scene 7: The Rear End

The scene addresses the issue of someone from outside the chapter causing problems--another case against open parties.

Hall plans alcohol awareness dance

by MICHAEL J. LaFLECHE
LIFE Staff Writer

What alcohol can do to a person is important knowledge to acquire.

And one CMU residence hall is gearing a special event toward young people to help disperse that information.

The Saxe Residence Hall director and resident assistants are sponsoring an alcohol awareness dance Friday, for seventh- and eighth-grade students attending Sacred Heart Academy, 200 S. Franklin St., and West Intermediate School, 440 S. Bradley St.

The dance will be in the Herrig Residence Hall Recreation Room from 8 p.m. to 10 p.m.

During the dance, the youths' parents will meet in the Saxe/Herrig lobby. There, Isabella County Prosecutor Joseph T. Barberi will speak to them about alcohol awareness, said Julie Beal, an organizer for the dance.

Beal, Herrig RA, said one of the event's purposes is to alert junior high students of the inevitable peer pressure involved when alcohol enters the picture.

"We wanted to get to them before (alcohol) got to them," Beal, Grand Blanc junior, said. "A majority of the influence is placed on the parents, too. We want to get both of them to work together on this.

"We wanted to provide another option to the junior high students other than parties," she added.

Beal said the dance will have activities designed to bring an awareness toward alcohol — such as decorations which tell the students to say "no" to alcohol. The dance organizers also plan to distribute door prizes, Beal said.

A slight problem that developed during the course of planning the dance was whether it would be sponsored by the junior high schools, Beal said.

The dance is not sponsored by the junior high schools, she said. Beal also said students do not have to be accompanied by their parents to attend the dance.

"(The schools) are willing to work with us," she said. "They're not discouraging us. They're worried about bringing it into the halls."

Ted Jennings, principal of West Intermediate, said a main reason why the schools are uneasy about the dance is because they are not in charge of it.

"If we want to be liable for our kids, we want to have our people there," Jennings said. "The parents will be there. But it's not a school-sponsored event. They have invited the students. I like the idea. But I also don't want our neck out on a limb."

Saxe RHD Beth Briggs said the dance is a residence hall activity enveloping the community of Mount Pleasant rather than just college students.

"We wanted to get the community involvement," Briggs, Gaylord graduate student, said. "As we looked at our calendar of events, there wasn't (community) activities."

"And, also, we want to give the junior high students a campus experience. Let them see another aspect of college — that not everything is alcohol."

CMU health chapter receives award

MORNING SUN 11/30/88

The Central Michigan University chapter of Eta Sigma Gamma, a national professional health science honorary, received the Chapter of the Year award for the 1987-88 school year.

This marks the fourth time CMU has earned the award in the past five years. Eighty chapters competed nationwide in the areas of service, education, and research. CMU's chapter accepted this year's award at the national meeting of Eta Sigma Gamma in Orlando, Fla.

The chapter participated in the Michigan School Health Association Conference, the Designated Driver program in which CMU students and local bars worked together to prevent drinking and driving; a mini conference for health education students; an epilepsy survey in which attitudes toward people with epilepsy were analyzed; and a magazine research project.

Eta Sigma Gamma strives to uphold the standards, ideals, competence, and ethics of health science professionals.

Breathalizer Night

Students given alcohol to demonstate how it impairs motorist

by K. Y McMILLAN
LIFE Staff Writer

It is unusual for Department of Public Safety officers to give alcohol to students.

But two DPS officers did just that Monday night to prove a point.

Breathalizer Night in two residence halls presented facts on what happens if someone is caught driving drunk.

Breathalizer night, sponsored by Trout and Carey residence halls, illustrated Monday what would happen to a person suspected of driving under the influence of alcohol.

Officer Mike Roney and Sgt. Tim Prout of the Department of Public Safety presented the program at 8 p.m. in the Trout lounge, and at the Towers Lounge at 9:30 p.m.

To fully demonstrate what physically would happen to people who drink and drive, four students volunteered to be on the "drunk panel."

The 21-year-old panelists volunteered to consume their choice and amount of alcohol until approximately an hour before the presentation.

Prout and Roney gave the two of the volunteers sobriety tests used when an officer pulls a driver off to the side of the road. One of the students failed; the other passed.

Prout tested the two students on five things — reciting the alphabet, counting backward from 57 to 39, walking a straight line, closing eyes and touching noses with their fingers, and standing on one leg while counting to 10.

Reciting the alphabet and counting backward from 57 to 39 were tests of memory and doing two activites at once.

"I'm asking (the suspect) to do two things at once, testing (the suspect's) long- and short-term memory," Prout said.

If suspects do not pass the tests to the officer's satisfaction, the driver may be asked to be tested with a hand-held apparatus called a Preliminary Breath Test, Prout said.

Each of the four students took the PBT, which determines the amount of alcohol in a person's system. Three failed; one registered at .069 — just below the .07 limit for being considered legally impaired in Michigan, Prout said.

A driver who registers .10 percent or above is legally drunk in Michigan, he added.

"You have to (register) between .07 percent and .10 percent to be arrested," Prout said.

But the PBT only has limited legal use, Roney said.

"PBTs can't be used as evidence in court," Roney said.

"You do not have to take the test," Prout said.

The process of arresting drunk drivers is time-consuming and prevents the officers from doing other duties.

"For every drunk driver arrested, 2,000 go unarrested," Prout said. "Sixty-eight percent of all fatal traffic accident are alcohol-related."

Bars offer free pop with SADD card

by SUSAN MAAS
LIFE Staff Writer

It's been said people couldn't live without their credit cards, but there is one card available to CMU students that could actually save a life.

But just raving about the needless tragedies which can result from drunk driving isn't enough, Jillian Bogater, Canton freshman, said.

"It really frustrates me to hear people talk about how stupid (drunk driving) is, and then I go into McDonald's and see people stumbling in out of their cars and reeking of beer," Bogater said.

That's one of the reasons Bogater said she joined Students Against Drunk Driving, and became the committee chairwoman for SADD's designated

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SADD

CONTINUED FROM PAGE 1A

driver program.

SADD is a nationwide organization and a chapter was recently formed at CMU after the death of John Harris, Stevensville freshman. He was killed in an accident which may have involved a drunk driver in September.

The designated driver program was established by SADD to enable students to use a card to get free non-alcoholic drinks from any of the participating bars if the student agrees to be the designated driver for the evening.

"We're printing business cards for designated drivers that can be used at any of ten local bars to get free pops," Bogater said.

The cards, which will be available at all residence hall desks, the Wellness Resource Center, SADD meetings and participating bars, should be distributed by the first week of November, Bogater said.

Cards are available to all students on the assumption they will only be used by students on a night they agree to be a designated driver and not drink, Bogater said.

The designated driver program is co-coordinated by Bogater, Todd Grover, Ravenna graduate student, of the Wellness Resource Center, Eta Sigma Gamma (CMU's health fraternity) and SADD President Joe Singer, Lake Orion senior.

"Todd (Grover) is hopefully going to help us tap into a $91,000 drug and alcohol intervention grant that CMU just received," Bogater said. "Without that we have virtually no funding. Right now we have something like $73 to our name.

"We do have a fundraising committee. we're going to sell key chains, T-shirts and things like that at an upcoming Mock Rock," Bogater said.

Bogater said she is unsure what kind of impact the designated driver program may have, but if it is a success, the committee hopes to involve the Mount Pleasant community more extensively in its ventures.

Bogater said bars participating in the program include: Tom's Foolery, 112 W. Michigan St.; Wayside Central, 4066 S. Mission St.; Nick's Saloon, 1111 S. Mission St.; Freddie's Tavern, 705 S. Adams St.; and J.R. Winfred's, 2000 S. Mission St.

The other participating establishments are: La Senorita, 1516 S. Mission St.; the Blackstone, 212 W. Michigan St.; Tease (in the Embers) 1217 S. Mission St.; T.J. Pepper's, 1904 S. Mission St., and the Main Bar, 807 S. Mission St.

SADD meets every Wednesday at 7 p.m. in the Troutman Lounge in the Towers Residence Hall Complex.

10/2/88

Deromedi: Drug testing should be required

(In today's issue of CM LIFE Central football coach Herb Deromedi discusses the drugs in athletics in his weekly question/answer column).

The issue of drugs in athletics has become very big lately, do you believe college athletes should be tested for drugs?

I really do believe there should be testing. A big part of the reason for me saying that is that if there is a way someone can be helped, the best way to help them is to know that the person needs help.

Much too often — especially with street drugs — the help comes too late. If you read about the overdoses — Len Bias — in those situations the help is just too late. It's sad, but that's the way it is. That's one of the major reasons I believe in testing.

We haven't done a good job of instructing our athletes how bad drugs are. We have to educate. We are educators.

The second reason I have — some people are going to disagree and say I'm wrong — is that there are certain responsibilities individuals have if they represent something. Whether it's a corporation, an organization or a university, some people have responsibilities others don't.

Herb Deromedi

I think in that aspect of it, drugs can't be accepted and should not be accepted as a form of behavior.

Performance enhancing drugs again are of concern. The NCAA rules upon it in post-season competition. You have to ask, if it isn't good for post-season, should they be used during the regular season?

Unfortunately, there is not a national policy enforcing that rule.

The concern with sports enhancing drugs is that in athletics, we have to define what will be an acceptable standard. Is it only in postseason? You play 11 games before the postseason.

My belief is that it goes against the spirit of athletics. Someone has got to say it's illegal and define it as being illegal.

It's a tough call right now, some schools are testing and there are a lot of schools that aren't. Testing requires a lot of money and not every school has those kind of funds to spend. It's a tough situation.

Alcohol is another situation. The biggest concern of alcohol is when it becomes abused. With education and maturation, one would hope that people would be able to use it intelligently.

What should the penalty be for violaters of the different drug policies?

In all cases we want to be able to help that individual. I don't believe that person should be performing until the person has been re-tested and has not been involved with drugs.

In our situation we have to educate and we don't have a great deal of recourse. We don't have the test. If we want to help an individual, we have to identify the problem before we can find a solution to the problem.

I always thought that was basic with problem solving. That's what this is, trying to solve problems.

If you are in favor of testing for athletes, should coaches be tested as well?

I'll be glad to be tested. If I'm coaching a football team I would feel all my coaches should be tested right along with the athletes.

As a coach, I'm asking them to do the same thing as the athletes. They're representing the football team, the program and the University.

CMLife 10/19/88

Smashed car illustates possible results of drinking and driving

by MICHAEL J. LaFLECHE
LIFE Staff Writer

Sometimes actions do speak louder than words.

While some residence halls use speeches and dances to spread the word about the dangers of alcohol during Alcohol Awareness Week, one residence hall is employing a different approach.

Wheeler Residence Hall has placed a smashed automobile between Cobb and Wheeler halls. The vehicle was provided by Shorty's Towing, 1104 N. Lansing St., and was involved in an alcohol-related accident.

Wheeler Resident Assistant Sally Heaton said this approach is unnerving, but necessary to emphasize the dangers of alcohol.

"We're trying to make the students aware that you can get in an accident if you drink alcohol," Heaton, Greenville senior, said. "You can talk to people and drill it into their heads about how you can get in an accident if you drink, but when they see the car, it will hit them harder."

The car, which has been between the two residence halls since Monday, has already brought curious students to it — eventually wondering what happended to the passengers, she said.

Roger Weir, owner of Shorty's, said the people in the vehicle lived through the incident. He did not know whether they were students or not, Weir added.

"The car is really smashed up," Heaton said. "A lot of students stop and look at it. When I was out there, a lot wanted to know about what happended — if the person survived. A lot of students are shocked about it."

Heaton said the smashed car, though a telling tale of driving while under the influence of alcohol, will not be the clincher of the Alcohol Awareness Week.

Rather, a demonstration of a Jaws Of Life in operation Thursday at 6 p.m. at Wheeler and Cobb residence halls should do the trick, Heaton said.

Jaws of Life is equipment used to pry the metal of a car apart after an accident.

"The Mount Pleasant Fire Department will be bringing the Jaws of Life out here and demonstrating how to get into the car if a passenger was in it," Heaton said. "They'll go through the process of what needs to be done, like ripping off the doors or roof of the car. Students don't realize what needs to be done if this happens."

Making students notice first-hand what might happen if they get involved in an alcohol-related accident is the eventual hope, said Heaton.

"I'm looking out my window now, and I can see five students looking at the car," Heaton said. "We want everyone to know what can happen."

Goal of new alcohol policy to eliminate discrepancies

by JENNIFER CHRISMAN
LIFE Staff Writer

A new alcohol policy for CMU has been devised to correct discrepancies in the existing policy.

The new policy was formed by the Alcohol Policy Committee, appointed by James Hill, vice president for Student Affairs.

Lack of student input on the proposed alcohol policy has led committee members to believe either students approve of the policy or simply do not care, said Ray Johnson, Alcohol Policy Committee chairman.

The old policy stated students over the age of 21 could have alcohol in the residence halls if they kept it in their rooms.

But the policy also stated they could not have alcohol in the parking lots, said Johnson, professor of health education and health science.

People wondered how they were supposed to get from cars in campus parking lots to residence halls while having alcohol in their possession.

Johnson said another problem is the searches many students experienced when entering Kelly/Shorts Stadium at the east gate while "adults" entering the west gate did not undergo the same scrutiny.

People entering the stadium at the west gate are now subject to the same searches as those entering the east gate.

The rule concerning tailgate parties in lot 62 located at the north end of Kelly/Shorts Stadium remains the same.

Tailgate parties are legal for football games only.

Parties scheduled in the same lot for other events, such as soccer or softball will not be allowed under the proposed policy. Non-football tailgate parties were also not allowed under the old policy.

"(Committee members) know we are hypocritical in this case," he said.

Tradition has played a part in the decision to keep this clause of the policy the same, he said.

"The Alumni Association has encouraged the social events to encourage attendance (at the football games)," Johnson said.

The new policy is also designed to allow University organizations to set their own standards, so long as they follow the guidelines of the policy, he said.

"Our recommendation is that each organization develop their own special policy utilizing the guidelines in the last section (of the policy)," Johnson said.

Johnson said one of the committee's objectives is to spot students with alcohol-related problems and have treatment readily available to them.

"If we can get early alcoholics into treatment, we can improve the success of (recovery)."

In order for any therapeutic program to be successful the University would have to develop the facilities for treatment of alcoholics, Johnson said.

"As high a ratio of 1-to-5 adolescents that drink are alcoholics," Johnson said.

One problem the alcohol policy committee has faced is the lack of student interest in the making of the policy.

The committee sponsored four open forum sessions this week for students, faculty and members of the community to express any concerns they have with the policy.

No one showed up at any of the forums to voice their opinions.

"Apathy has got to be a major variable," Johnson said. "Classes and jobs are more important.

"In this stage the policy meets approval," he said. "The philosophy has been left alone."

Individuals have until Nov. 11 to submit concerns or ideas for the new policy to Warriner Box 125.

The new policy must receive final approval from President Edward B. Jakubauskas before going into effect, Johnson said.

Expert 'tailgaters' give party planning tips

CM Life 10/14/88

by PATTY MAHER
LIFE Assistant News Editor

It's hard to imagine a Homecoming football game without a tailgate celebration before kick-off.

Some members of the University community are actually old pros at planning these pre-game parties.

The wife of a CMU business professor is one such "pro."

Audrey Featheringham and her husband Richard Featheringham, professor of administrative services and business teacher education, said they have been tailgating for 15 years.

Audrey said she has some sage advice to offer new tailgaters.

"Get there early," she said. "The fun is in starting early. . .(at) 10 or 10:30 a.m."

And Audrey said there is a recipe for the perfect tailgate.

"Lots of food, lots to drink and not too fancy," she said.

It's especially important not to be too elaborate, she said.

"You don't want to discourage anybody from coming."

Although the Featheringhams are planning an especially big tailgate party for Homecoming weekend, they said they host pre-game celebrations for every home game. In fact, sometimes they even travel with the Chippewas and set up "kitchen" in rival parking lots.

"We love Saturday football games," Audrey said. "We love Central football. It's just great."

But Audrey said it's a tough to determine which is more enjoyable — the game or the tailgate party.

"It's almost hard to leave talking to the friends (at the tailgate) to go to the game," she said.

Audrey said Mount Pleasant residents, former students, current students and students' parents frequent their football celebrations.

"When we have to go away (on game days) we try to let our friends know," she said.

The tailgate menu changes from week to week, she said. Chicken, chili, salads and bratwurst are common fare.

CMU Greek organizations also are known for their Homcoming tailgate parties.

And one fraternity said it takes the tradition a step further — or earlier — than most others. The brothers of Sigma Pi kick-off their day with a "cartoon kegger," said Paul Murphy, social chairman. The event is for active members and alumni alike.

After the "boys" have had their fill of Scooby Doo and The Road Runner, they pack up for their annual Homecoming tailgate party, Murphy, Birmingham senior, said.

"We take two vans, go to IGA and get food trays," he said. "We just go out there and put our flag up so stragglers can find us around 11 o'clock," he said

Staff photograph by STEPHEN M. DOWELL

Organizers of Red Ribbon Week are encouraging people to wear red ribbons to remind them to say no to drugs. Some of those involved in the project include, from left, Mary Pety, Claudia Lang, Lynn Pike, Paul Halverson and Kevin McCrone. Organizers are also planning an alcohol-free Octoberfest for Tuesday.

Red rovers

Colored ribbons to be used in war against drugs

By KENNETH J. WELSCH
Sun Special Writer

Isabella County residents should soon be seeing red.

Local organizations are joining the campaign against drugs by passing out ribbons for the first National Red Ribbon week, which begins Monday.

Mary Pety, coordinator of Red Ribbon Week, said the event is being organized by the National Federation of Parents for Drug Free Youth and Parent to Parent for Prevention.

Locally, Isabella County's PTP is working with Central Michigan Community Hospital, Delfield, LaBelle Management and Central Michigan University's Parents' Resource Institute for Drug Education and is sponsoring the event.

"We've been going from business to business in town, spreading the word, trying to persuade citizens to wear a red [illegible] Tuesday at the Mt. Pleasant High School cafeteria. It features a spaghetti dinner and a free-to-the-public ceremony.

Dinner begins at 5:15 p.m. Cost is $3.75 for adults and $2.25 for children under 12. Tickets can be bought at the door, but the committee is encouraging people to buy them ahead of time. Tickets can be purchased at the principal's office of any school in the Mt. Pleasant, Shepherd or Beal City school district or Sacred Heart Academy in Mt. Pleasant.

The ceremony will begin at 6:45 p.m. and promises to be "an evening for the entire family," Lang said.

"The whole idea of this evening is to bring the family together, so we have things planned for the kids as well as the adults."

For the night's entertainment, Bridget McCracken will

(See "Ribbon" on page 2)

Ribbon

(Continued from page 1)

be dressed in her clown outfit and the Central Michigan Concert Band will be on hand. Also during the event, poster and essay contest winners will be announced.

"The kids have been asked to make a poster or write an essay dealing with anti-drugs or alcohol, or another issue that we deal with, resolving conflicts by non-violent means," Lang said.

Kids of all ages have been encouraged to enter the poster contest, and kids in third grade and higher in an essay contest.

Students will be informed of the winners before Octoberfest, but to add a surprise element, committee chairpersons have whipped up a little something extra.

"During the ceremony, we're going to select some of the essayists to go up and read their essays in front of everyone," Lang said. "It'll be fun, because nobody will know if they're going to have to read their essay until they hear their name called."

Ten winners of the essay and poster contests will receive cash prizes. Ribbons will be awarded to the other entries.

For the time being, the red ribbon committee is spreading the word about its campaign against drug and alcohol abuse.

"We want people to wear their ribbons wherever they go that week, and at the end of the week, stick it in their underwear drawer and save it for next year," Pety said with a laugh.

The Morning Sun

Mt. Pleasant
Morning Sun
10/26/88

YOUR VIEW

carlips 10/19/88

Friend of accident victim tells of his experience

To the Editor,

People learn from other people's mistakes — if one chooses to learn, so please take the time to read this so that you don't ever have to go through what my friends and I are going through now. This past weekend I met a group of old schoolmates at MSU for a night of partying. All that started well didn't end well. Apparently, in the early morning hours on Sunday, my friend Phil got separated from everyone, and accidentally ran out in front of a speeding car. Phil's blood alcohol content was .18.

Phil isn't expected to live. His condition has been decreasing since Sunday. Phil suffered massive injuries to his entire body and head. Phil has been unconscious since the accident and hasn't been responding to much of anything.

So as I sit here and hope, I think about Phil's parents and what it would be like to lose a child. I think about my other friend, Tim, and wonder what it would be like to lose my roommate. I think about his other friends, like Dave, and wonder how he's taking the whole thing. Then I cry again and start the process over.

I'll be thinking of Phil until he recovers, and if he doesn't, I'll remember the fun things that we did together, memories that will never leave us.

Please, watch out for your friends. Let's not have another person walk out in front of a car coming home from Nick's or the Wayside. It's something that will change the lives of many people.

This letter is getting harder to write, but I think that it's necessary. To Phil's parents, to Tim, David, Tom, the Chris', Brad, John and everybody else, I'm sorry. Phil, we're wishing for you. But if fate dictates another destination for you, I just want everyone to know that I'm going to miss you, buddy.

I love you, Phil.

COMMUNICATION prevents intoxication. That's what friends are for.

COVE DWELLERS and Wheel- For a good time, call Hazel Doodle.

DELT SIGS MIKE AND SCOTT- Formal is going to be a lot of things and WONDERful is one of them. Can't wait 'til Saturday! Love, EK Kim and Kristy

DRINK SMART- A mind is a terrible thing to get wasted.

DSP BROTHER K.C. Guard your flag proud.

CMU- Homecoming- COME down to Derby Days. T- Minus 6-days.

BAHA'I
QUESTIONS?
Do you have unresolved questions about religion? You may find the answers in the Baha'i Faith. For a free paperback call 773-1432

DSP FOOTBALL- undefeated and stronger than ever! Gear up for the game tonight. Beat you-know-who!

DSP- HAPPY Two- year anniversary for Beta Omicron. The Green Machine is stronger than ever.

DSP LATO- What's up with that renegade sports coat from hell?! B E

DSP ONCE AGAIN wishes to congratulate Marc Lescarbi on being nominated Homecoming King and Mike Mazzorra to Homecoming Court. The spirit lives on! -The Brothers.

DSP- We ARE the group, and that's NO LIE!

EEE WOULD LIKE to congratulate Mark Lescarbi and Tammy Rushner for the honor of Homecoming King and Queen.

EK JANINE! There is no one quite like you, and there are no two quite like us! Good luck tonight! Love, your big!

EK LESLIE- Want to ride some girl carts? I'll drive! Love, your little, EK Janine

EK- YOU came in '59, WE saw in '88, we WILL conquer Derby Days!! Your Coaches.

carlips 10/19/88

Would you like to buy
A Pledge of Sigma Pi
to help you for a day
in your work or play?
This Thur. 6:00 1016 Main St.

ZTA- DATES- Looking forward to a - Jamaican Jam Friday!!

EN- MARTY V.- I had a great time at big little (reunion)! Love, your big sis, Carmyn

ETT ATHLETICS- Make it happen! Emerson

ETT HOMECOMING- Open bars, beautiful dates, Ozzy's bus, 200 Pi's, continuous kegs, party 'til 5:00 a.m.?, and to top it all off, it was so nice, we could have gone skiing. Wow!

No one is protected from drunk driving

Paul L. Gaba

Welcome to Western Weekend.

Kalamazoo will be swarmed by thousands of Chippewa fans, all "tooling" their vehicles to the city Elvis calls home and Glenn Miller sang about "the sweetest girl" he ever knew.

While cruising the highways (yes, M-20 counts as one) and K'zoo metroplex this weekend, a lot of Chippewas will be indulging in pleasures of the bottle.

Alcohol.

Beer. Booze. Slammers. Shots.

And, undoubtedly, there will be war stories told over and over again during the next few years — macho tales of drinking the keg in one take, and the hangover that lasted until Thanksgiving.

Some of these "brains" will have the audacity to cruise the streets, while, or after, cannonballing another 12-ouncer.

These are the same lameheads who laugh at such well-intended and meaningful programs as National Collegiate Alcohol Awareness Week and PRIDE's Red Ribbon Day.

There's two sets of rules we play by when it comes to alcohol.

And I'm tired of the double standard.

We hear the same rhetoric over and over again, from our alcohol awareness messengers. From MADD. From SADD. From physicians and medical professionals across the world.

Alcohol *kills*.

Alcohol *impairs*.

Alcohol *alters* the mind.

Yes, we hear this. We see this. The message is drilled at us constantly.

Problem is, we don't *learn* this. We've become immune from the truth.

And we're all to blame. You and I.

We condone alcohol abuse by putting up with Spuds, Alex and our other cozy, cute friends on the video screen.

We accept the sports advertising blitz from Miller, Anheuser-Busch and the rest of the brewing entourage.

We offer drinks to our friends the moment they walk through the door.

We let ourselves buy "just one more," because we can handle it. C'mon, we're *college* students. It's the *other* guy who's a lightweight. Let's do another bong. We've got all night.

And it's all a lie. A charade.

The ACLU is opposed to checkpoints on Michigan roadways. The proposed purpose of these checkpoints is to stop cars at random to see if the driver or passengers are drunk. The intent is, of course, to keep the roads as safe as possible.

Well, the ACLU says this is a violation of our civil rights, that these rights would be infringed upon.

Uh-huh. Tell the families of any victim in a drunk-related accident it was his or her civil right to die because a drunk driver ran a red light at 80 miles an hour, oblivious to reality.

Funny how civil rights can sometimes be the opposite of logic.

When you read or hear from the media about a drunk-related accident or situation, it often involves someone in the public spotlight — like an athlete. Which leads to another double standard that upsets me.

Do we expect too much out of sports stars and other public figures? We celebrate the talents of a Bob Probert, a Petr Klima, a Bruce Kimball. And if they do something stupid, like drinking and driving, well — hey! — they're famous.

Well let me say this about that. It's donkey dung and it's a weak alibi. Why is it okay for one of them to avoid punishment if you can't? No one is above the law. Athlete or not, famous or not, whether you've had one, two or three too many is beside the point. Male or female, black or white, it's all the same.

Drunk is drunk.

And breathalyzers have no bias, no sexual preference.

The saddest, most heart-wrenching detail of this whole masquerade is drinking and driving is all too common in this nation. If it weren't, acronyms such as MADD and SADD wouldn't exist. The awareness factor is a start, though. Give it a couple of years, and we'll be dealing with the next phase of the "we-won't-take-this-crap-anymore" attitude — currently the battle cry of the non-smoker.

What can we do in the meantime? I wish I knew the answers. But I have a few gut feelings I'd like you to consider.

First, STOP accepting that athletes and other famous individuals are above the law, that they're allowed to drink simply on the basis of a household name.

Second, REALIZE there's a limit. Don't assume a friend will watch over you constantly. Most people don't accept that they're drunk when, in fact, they are.

Third, THINK. Odds are, when you're leaving a party or bar with a few under the belt, there will be at least one drunk in the vicinity. A drunk behind the wheel is just as deadly as a drunk staggering across an intersection, weaving through oncoming traffic.

Finally, LEARN that — as much as you may wish — alcohol-related accidents don't always happen to the "other guy." They can happen to anyone, anywhere. Even to you. And you don't have to be the one who was drinking.

That's the sober truth.

OCT 21, 1988

Goal of new alcohol policy to eliminate discrepancies

by JENNIFER CHRISMAN
LIFE Staff Writer

A new alcohol policy for CMU has been devised to correct discrepancies in the existing policy.

The new policy was formed by the Alcohol Policy Committee, appointed by James Hill, vice president for Student Affairs.

Lack of student input on the proposed alcohol policy has led committee members to believe either students approve of the policy or simply do not care, said Ray Johnson, Alcohol Policy Committee chairman.

The old policy stated students over the age of 21 could have alcohol in the residence halls if they kept it in their rooms.

But the policy also stated they could not have alcohol in the parking lots, said Johnson, professor of health education and health science.

People wondered how they were supposed to get from cars in campus parking lots to residence halls while having alcohol in their possession.

Johnson said another problem is the searches many students experienced when entering Kelly/Shorts Stadium at the east gate while "adults" entering the west gate did not undergo the same scrutiny.

People entering the stadium at the west gate are now subject to the same searches as those entering the east gate.

The rule concerning tailgate parties in lot 62 located at the north end of Kelly/Shorts Stadium remains the same.

Tailgate parties are legal for football games only.

Parties scheduled in the same lot for other events, such as soccer or softball will not be allowed under the proposed policy. Non-football tailgate parties were also not allowed under the old policy.

"(Committee members) know we are hypocritical keep this clause of the policy the same, he said.

"The Alumni Association has encouraged the social events to encourage attendance (at the football games)," Johnson said.

The new policy is also designed to allow University organizations to set their own standards, as long as they follow the guidelines of the policy, he said.

"Our recommendation is that each organization develop their own special policy utilizing the guidelines in the last section (of the policy)," Johnson said.

Johnson said one of the committee's objectives is to spot students with alcohol-related problems and have treatment readily available to them.

"If we can get early alcoholics into treatment, we can improve the success of (recovery)."

In order for any therapeutic program to be successful the University would have to develop the facilities for treatment of alcoholics, Johnson said.

"As high a ratio of 1-to-5 adolescents that drink are alcoholics," Johnson said.

One problem the alcohol policy committee has faced is the lack of student interest in the making of the policy.

The committee sponsored four open forum sessions this week for students, faculty and members of the community to express any concerns they have with the policy.

No one showed up at any of the forums to voice their opinions.

"Apathy has got to be a major variable," Johnson said. "Classes and jobs are more important.

"In this stage the policy meets approval," he said. "The philosophy has been left alone."

Individuals have until Nov. 11 to submit concerns or ideas for the new policy to Warriner Box 125.

The new policy must receive final approval from

The good life

Health Services, alcohol awareness discussed by RHA

by COLLEEN NEWVINE
LIFE Staff Writer

Residence Hall Assembly members and guests heard ways they can lead healthier lives at their meeting Monday in Barnard Residence Hall.

Ed Brown, director of University Health Services informed the assembly about CMU's Health Services. Later, RHA members talked about involvement in Alcohol Awareness Week.

"Mr. Brown can explain Health Services best since that is his area, so we asked him to come in and let everyone know what is offered," RHA Chairman Danny DeVito said.

Brown told the audience what CMU has to offer in health care and how much he would like students to take advantage of it.

"If there is one message I would like to convey to people," Brown said, "it is that absolutely nothing is offbounds as far as we're concerned. If a student needs something, we always want them to feel they can come to us."

He also stressed all care given is done in strict confidentiality.

"We get calls from parents who ask us what is wrong with their child," Brown said, "and usually we answer 'Have you tried asking them?'"

"You are all adults now, and what you do is your decision," Brown told the group. "You are free to take care of yourselves."

Brown said his goal is for students to leave CMU able to take care of most of their health care needs.

After Brown concluded, RHA plans for Alcohol Awareness Week (beginning Oct. 16) discussed.

The programming committee is considering doing a skit with the Greeks, possibly titled "Anatomy of an Arrest," DeVito, Fenton junior, said in his executive report.

Other possibilities, DeVito said, include joining PRIDE -- a student group which promotes alcohol and substance abuse awareness -- to pass out ribbons for red ribbon day and scheduling an alcohol awareness decoration contest.

Two ongoing alcohol programs were explained by Dino Martinez, RHA advisor.

First is an ongoing early alcohol intervention program. "The purpose of the program is to help students avoid self-destructive behavior, and develop the skills to help themselves," Martinez, Southeast Complex Manager, said.

In order to locate those who may need help, residence hall desk staffs are educated to notice patterns of excessive drinking in any of the residents, then report that to their RA.

"Some students have asked things like 'Doesn't that make them a narc?'" Martinez said. "I don't think someone can be put down for helping someone who is hurting themself."

Another program is Get S.M.A.R.T., which stands for Get Students Making Alcohol Awareness Theirs.

"This is a pure information organization," Martinez said.

Get S.M.A.R.T. goes hall to hall sharing the idea that students need not feel pressure to drink just to have a good time.

"RHA is already in support of the alcohol-free notion," Martinez said.

more clearly define CMU's stance on alcohol

10-7-88

by ANNE SEEBALDT
LIFE Staff Writer

A proposal which has been in the works for more than a year should help clarify CMU's alcohol policy for the entire University community.

James L. Hill, vice president of Student Affairs, said the policy was needed because the enforcement of alcohol use on campus was left open to interpretation by too many sources.

Hill said the proposal puts all alcohol policies at the University together in one document, which clearly defines the University's stance on alcohol use on campus.

"When you dissect it, there's nothing really new about how it's been practiced," he said.

The Alcohol Policy Committee was formed about a year and a half ago to create a consistent alcohol policy, said Ross Rapaport, Alcohol and Drug Abuse Intervention and Prevention program coordinator. Staff, faculty and students participated on the committee.

Hill said he chose committee members for their familiarity with University policies.

In the past, there was no written alcohol policy which applied to the University community as a whole, Hill said. This not only created confusion, but "it was inconsistent and unfair," he added.

According to the document, Central's philosophy on alcohol is not to encourage or discourage its use. And the University supports the rights of non-drinkers and does not condone any abuse of alcohol.

The philosophy also states:

- Individuals and groups are considered responsible for their behavior whether drinking or sober.
- The University supports educational programs about use and abuse of alcohol, encouraging those who want to make informed choices about alcohol use.
- "The University supports the rights of individuals with alcohol problems to receive appropriate treatment and assistance."

The next step is to share the proposed policy with the University community and receive its input, Hill said.

The committee referred a copy of the proposed policy to Hill, who will make recommendations to the committee, Rapaport said.

One way the committee will receive input is through sending letters to student organizations and employee groups, Rapaport said.

Final approval of the policy will be made by President Edward B. Jakubauskas.

Bars offer free pop with SADD card

by SUSAN MAAS
LIFE Staff Writer

It's been said people couldn't live without their credit cards, but there is one card available to CMU students that could actually save a life.

But just raving about the needless tragedies which can result from drunk driving isn't enough, Jillian Bogater, Canton freshman, said.

"It really frustrates me to hear people talk about how stupid (drunk driving) is, and then I go into McDonald's and see people stumbling in out of their cars and reeking of beer," Bogater said.

That's one of the reasons Bogater said she joined Students Against Drunk Driving, and became the committee chairwoman for SADD's designated

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OCT. 21, 1988

SADD

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driver program.

SADD is a nationwide organization and a chapter was recently formed at CMU after the death of John Harris, Stevensville freshman. He was killed in an accident which may have involved a drunk driver in September.

The designated driver program was established by SADD to enable students to use a card to get free non-alcoholic drinks from any of the participating bars if the student agrees to be the designated driver for the evening.

"We're printing business cards for designated drivers that can be used at any of ten local bars to get free pops," Bogater said.

The cards, which will be available at all residence hall desks, the Wellness Resource Center, SADD meetings and participating bars, should be distributed by the first week of November, Bogater said.

Cards are available to all students on the assumption they will only be used by students on a night they agree to be a designated driver and not drink, Bogater said.

The designated driver program is co-coordinated by Bogater, Todd Grover, Ravenna graduate student, of the Wellness Resource Center, Eta Sigma Gamma (CMU's health fraternity) and SADD President Joe Singer, Lake Orion senior.

"Todd (Grover) is hopefully going to help us tap into a $91,000 drug and alcohol intervention grant that CMU just received," Bogater said. "Without that we have virtually no funding. Right now we have something like $73 to our name.

"We do have a fundraising committee. . .we're going to sell key chains, T-shirts and things like that at an upcoming Mock Rock," Bogater said.

Bogater said she is unsure what kind of impact the designated driver program may have, but if it is a success, the committee hopes to involve the Mount Pleasant community more extensively in its ventures.

Bogater said bars participating in the program include: Tom's Foolery, 112 W. Michigan St.; Wayside Central, 4066 S. Mission St.; Nick's Saloon, 1111 S. Mission St.; Freddie's Tavern, 705 S. Adams St.; and J.R. Winfred's, 2000 S. Mission St.

The other participating establishments are: La Senorita, 1516 S. Mission St.; the Blackstone, 212 W. Michigan St.; Tease (in the Embers) 1217 S. Mission St.; T.J. Pepper's, 1904 S. Mission St., and the Main Bar, 807 S. Mission St.

SADD meets every Wednesday at 7 p.m. in the Troutman Lounge in the Towers Residence Hall Complex.

Our View OCT 19,1988

NO SHOW

Alcohol policy forums have zero attendance

A committee has been working on a revised University alcohol policy for more than a year which will affect every person who attends, or is employed by, CMU.

The policy now is finished. Student Government Association is one group reviewing it.

This policy, if approved by President Edward B. Jakubauskas, should eliminate various interpretations by University factions, according to James Hill, vice president for Student Affairs.

Hill said the policy basically is the same as the University's previous policy, but more clearly defines CMU's stance on alcohol use, programs and enforcement.

The University Tuesday conducted the first two of four forums designed to answer any questions students, faculty or staff might have about the proposed revised policy.

No one showed up for either forum Tuesday.

Does this indicate that no one at CMU cares about the school's stance on alcohol? Does this mean everyone trusts whatever policy the committee has provided as the best policy which could have been devised? Or does this mean everyone has read the policy and understands fully all of the provisions?

It would seem to us that at least student group leaders, department chairpersons and other people in a position to make sure others abide by this policy would want to be clear on what they are responsible for.

Maybe they already *do* understand the policy. Maybe not.

For those who do not, the University is providing two more opportunities for questions. The next two forums are Thursday at noon in the Maroon Room of the Bovee University Center, and at 5 p.m. in the UC Lake Michigan Room.

This policy will affect the entire CMU community. We hope everyone with questions or concerns voices them. It will be too late for input if, and when, the president approves the policy.

10-17-88

Hall plans alcohol awareness dance

by MICHAEL J. LaFLECHE
LIFE Staff Writer

What alcohol can do to a person is important knowledge to acquire.

And one CMU residence hall is gearing a special event toward young people to help disperse that information.

The Saxe Residence Hall director and resident assistants are sponsoring an alcohol awareness dance Friday, for seventh- and eighth-grade students attending Sacred Heart Academy, 200 S. Franklin St., and West Intermediate School, 440 S. Bradley St.

The dance will be in the Herrig Residence Hall Recreation Room from 8 p.m. to 10 p.m.

During the dance, the youths' parents will meet in the Saxe/Herrig lobby. There, Isabella County Prosecutor Joseph T. Barberi will speak to them about alcohol awareness, said Julie Beal, an organizer for the dance.

Beal, Herrig RA, said one of the event's purposes is to alert junior high students of the inevitable peer pressure involved when alcohol enters the picture.

"We wanted to get to them before (alcohol) got to them," Beal, Grand Blanc junior, said. "A majority of the influence is placed on the parents, too. We want to get both of them to work together on this.

"We wanted to provide another option to the junior high students other than parties," she added.

Beal said the dance will have activities designed to bring an awareness toward alcohol — such as decorations which tell the students to say "no" to alcohol. The dance organizers also plan to distribute door prizes, Beal said.

A slight problem that developed during the course of planning the dance was whether it would be sponsored by the junior high schools, Beal said.

The dance is not sponsored by the junior high schools, she said. Beal also said students do not have to be accompanied by their parents to attend the dance.

"(The schools) are willing to work with us," she said. "They're not discouraging us. They're worried about bringing it into the halls."

Ted Jennings, principal of West Intermediate, said a main reason why the schools are uneasy about the dance is because they are not in charge of it.

"If we want to be liable for our kids, we want to have our people there," Jennings said. "The parents will be there. But it's not a school-sponsored event. They have invited the students. I like the idea. But I also don't want our neck out on a limb."

Saxe RHD Beth Briggs said the dance is a residence hall activity enveloping the community of Mount Pleasant rather than just college students.

"We wanted to get the community involvement," Briggs, Gaylord graduate student, said. "As we looked at our calendar of events, there wasn't (community) activities."

"And, also, we want to give the junior high students a campus experience. Let them see another aspect of college — that not everything is alcohol."

10-17-88

Alcohol Awareness Week underway

by JENNIFER CHRISMAN
LIFE Staff Writer

The campus will address the effects of alchohol use and abuse in various campus activities planned during National Collegiate Alcohol Awareness Week.

This year, the week of Oct. 16-22 is designated for alcohol awareness.

Residence halls and student organizations will, during the week, show the effects alcohol can have on the body as well as the importance of responsible drinking, said Ross Rapaport, coordinator for the Alcohol and Drug Abuse Intervention and Prevention Program.

"For the past few years (the program) has sponsored the Alcohol Awareness Week," Rapaport said.

Instead of limiting the functions sponsored on campus to just one nationally designated week, CMU has designated October as Alcohol Awareness Month, Rapaport said.

"Rather than limit the programming to that week, we are trying to spread it out more in terms of the month," he said. "We're over-programmed during the week.

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Watch out

Selling alcohol at parties a felony punishable by fines and/or jail term

by SUZANNE GEARHART
LIFE Staff Writer

Before calling up the local party store to reserve kegs for their big bashes this weekend, students might want to consider the consequences they could face if they decide to serve alcohol at those parties.

Mount Pleasant Police Chief Martin Trombley said, "The selling of alcohol without a license is a felony."

He said offenders are usually charged with a felony, but it is not uncommon for the charge to be reduced to a misdemeanor.

Chief Assistant Prosecutor Larry J. Burdick said: "As a general rule (offenders are not usually prosecuted under a felony charge) unless it's a real grievance-type situation or the person has a history of this."

Burdick said the maximum penalty for a person convicted of selling (alcohol) without a license — a felony — is one year in jail and $1,000 in fines. If charged as a misdemeanor the individual could face 90 days in jail and $100 in fines.

"Having a keg party isn't against the law...having a keg party where people pay money is," Burdick said. "Hopefully students know the limits of the law."

When having a party, Burdick said the biggest thing people have to watch out for is accepting money for alcohol and supplying alcohol to minors.

He said anyone found guilty of supplying a minor with alcohol — a misdemeanor — could face 90 days in jail and $100 in fines.

An investigator from the Michigan Liquor Control Commission, Barb Luukkonen, said legal action can be taken against any individual who sells alcohol to a person who injures himself or another person "if the sale is proven to be the cause (of the accident)."

Luukkonen said Michigan law requires licensed businesses to have liability insurance in case one of their customers is involved in an alcohol-related accident.

She said even though homeowners are not required to insure themselves against such a situation, they can still be held liable, as long as prosecutors can prove the accident was a direct result of a person illegally selling alcohol.

Although the City Police Department is anticipating a higher amount of parties this weekend than normal, Trombley said his department's first concern is with traffic flow and safety in general.

With streets being blocked off Saturday morning for the Homecoming Parade, and nearly 23,000 people expected to come into Mount Pleasant for the weekend, Trombley said his department is preparing for the weekend by scheduling extra officers to work.

He would not give the specific number of officers he plans on scheduling.

Officers will not be making any extra effort to break up parties, he added.

Trombley said his department responds to complaints about loud parties every weekend — especially when there are home football games. He said that's when students tend to have more parties.

"There's no such thing as cracking down...we do that every weekend," he said.

> **"Having a keg party isn't against the law...having a keg party where people pay money is. Hopefully students know the limits of the law."**
>
> **Larry J. Burdick**
> Chief Assistant Prosecutor

ALCOHOL

CONTINUED FROM PAGE 1

"If we spread it out more, there's more opportunity for people to attend," he said. "I think we are bringing attention to efforts on campus to address alcohol and other drug-related problems."

For the past few years, Central has received national recognition for its activities during Alcohol Awareness Week, Rapaport said.

"In 1987 we were recognized (from 1986) as having one of the five best programs in the nation," he said. "We've received certificates of merit (annually) ever since they started giving them — at least three years ago.

"We have had certificates of merit or national recognition each time it's been available."

Trout, Barnard and Tate residence halls and the Towers Residence Hall Complex are taking part with their own programs during the week.

Tonight at 6 p.m. Trout Residence Hall will have officers from the Department of Public Safety on hand to administer breathalyzer and reflex tests to volunteers who will be consuming alcohol, Natalie Kozicki, Monroe junior, said.

The volunteers will each drink a different form of liquor and then will go through the tests a police officer might administer if the driver of a vehicle is believed to be driving under the influence, Kozicki said.

Mike Moracki, Carey Hall resident assistant said the Towers is also sponsoring the sobriety test tonight in the Towers Residence Hall Complex at 9:30 p.m.

"A couple of officers from DPS are going to come over and explain the Michigan sobriety laws," Moracki, Hartland senior, said.

They will also have residents 21 or older drink and be tested by the DPS officers, Moracki said.

"We are responsible for the two individuals that will be drinking," he said. "They won't be leaving the building at all that night."

Moracki said the program is designed to inform residents about Michigan laws as well as provide information about alcohol.

Tuesday night at 7 p.m. Pamela Wade, Trout RHD, will give a presentation titled "Enabling" in Trout hall. Wade is a former counselor and has given speeches on alcohol previously, Kozicki said.

In addition, FRIDE, an alcohol and drug awareness group, will be presenting a mini-workshop to in Trout Thursday at 8 p.m., she said.

"It's king of a mini-program of what they would present in an all day workshop, Kozicki said.

"We've noticed that it makes a difference not necessarily with the drinking but with the responsibility (of drinking)," she said.

Barnard Residence Hall has activities planned for every night, Michelle Snyder, Barnard RA, said.

One of the activities is a cops and robbers cabaret, planned for Barnard and Tate residents Thursday night.

The gambling casino will feature residents as gamblers, dealers, waiters and waitresses, Snyder said.

Snyder, Ludington junior, said.

"We're having a contest to create the best non-alcoholic drink in Tate and Barnard and that will be served fat the cabana)," she said.

Each student will be provided with $2,500 fake dollars to gamble away or increase at games such as blackjack, poker craps and roulette, Snyder said.

There will be an auction later in the evening allowing lucky residents to spend their winnings, she said. Area businesses have donated sweatshirts, free movie rentals and tanning packages for the eve, Snyder said.

10-17-88

Classified Advertising

EEE- FIRE UP for co-ed volleyball with [illegible] TKE's

SIG EP CHRIS. Let's have a great birthday! I love you. Kristi

STOP THE FLOW. avoid the woe You'll never regret having one too few!

THINK TUITION'S high? A drunk driving case costs even more. So remind a driver

TIM DRISCOLL- Happy birthday. Remember a hooter a day keeps the doctor away! Love, Dot

WOULD EVERYBODY leave Pete alone?! Those who don't will answer to Lou

[illegible] SAVE- FOUND- girl for Ogre vacation

HUNG LIVER? Next weekend it's something new. Have one too few. The new trend is moderation. not intoxication

Sig Ep SEZ: Party animals don't have [illegible] parasites. Practice safe [illegible]

OCT 5, 1988

SADD chapter to be started at Central

by LINDA WOOLSTON
LIFE Staff Writer

A Students Against Drunk Driving chapter will be started at CMU in response to the death of a student who died as a result of an automobile accident.

John Harris, Stevensville freshman, was killed Sept. 15 after his car was struck by a second vehicle.

"If there's going to be any good coming out of this tragedy, this is one good thing," Joe Singer, Cobb Hall resident assistant, said.

Harris lived on Singer's floor.

The man driving the vehicle which struck Harris' was driven by 29-year-old Michael Greg Donley of Alma. Donley had a .23 percent blood alcohol content — more than twice the legal limit — at the time of the accident, a police spokesman said in an earlier interview.

Between 20 and 25 people have indicated an interest in the group, Singer, Lake Orion junior, said.

"There's no exact amount of people we need," he said. "The more the better, but we can make it work with a few people."

SADD, a worldwide organization, doesn't condone drinking among people below the legal drinking age, Singer said. The group is specifically against drinking and driving, he added.

A SADD meeting is tentatively scheduled for tonight at 7 p.m. in the basement of the Towers Residence Hall Complex.

"Whoever is interested can come, even if they haven't signed up yet," Singer said.

Meetings will be weekly, at least at the beginning, he said.

"I'd like to continue to do it weekly, probably on Wednesday nights, Singer said.

"We want to keep doing things year round, since we are a service organization. We'd like to keep visible."

Those present at the first meeting will elect officers. Committees will be set up and people will be chosen to direct them, Singer said.

Committees are to include a community awareness committee and a legislative affairs committee, he said.

The legislative affairs committee will write letters to politicians in an effort to persuade them to pass tougher drunk driving laws, he added.

The community awareness committee will sponsor activities involving SADD with the surrounding community.

The committee's purpose is

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SADD

CONTINUED FROM PAGE 3

"to make (the community) more aware of us and the problems that we deal with," Singer said.

SADD will also be involved in Alcohol Awareness Week, Oct. 16 to Oct. 22. October is Alcohol Awareness Month.

Eta Sigma Gamma, an honorary health fraternity, had already begun plans for a designated driver program, Singer said. SADD will now be helping with that program.

"We'd like to have the bars give a free pitcher of pop to a designated driver," Singer said. If groups of five or more would come into these bars, one person would be offered the pop.

"We're just trying to keep one friend sober so it will be safe when they go home," he said. Some area bars already offer this service, he added.

Another possibility being considered is setting up a phone number for people to call for a ride home if they do not think they able to drive.

Since SADD was established at a Maryland high school in 1981, the number of drunk driving deaths among teenagers has gone down dramatically, Singer said.

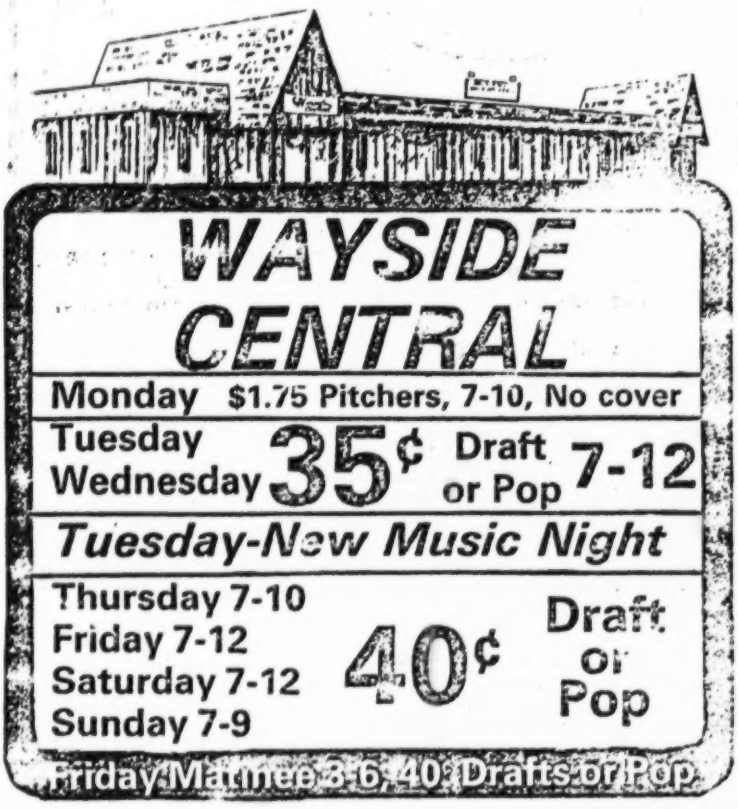
More than 6,000 teenagers died in alcohol-related accidents in 1981. The number went down to 2,130 in 1985, Singer said.

The money being used to establish the CMU chapter of SADD was originally donated to Harris' family by Cobb Hall residents. His family then asked for it to be used for this purpose, Singer said.

The CMU chapter will first need to become registered as a campus organization at the Office of Student Life, then forms will need to be sent to the national chapter of SADD, he said.

Singer said the CMU chapter of SADD will serve as a constant reminder of Harris' death.

"This has to be an on-going thing," Singer said. "I don't want (drunk driving-related death) to happen again on campus."



Office to sponsor events for week

Housing plans for Alcohol Awareness include dinner 'mocktails'

by ANNE SEEBALDT
LIFE Staff Writer

Housing's plans for the academic year — and one week in particular — may help students "get smart" about alcohol and drug abuse-related problems.

Alcohol Awareness Week, slated for Oct. 16 to 22, features many activities planned by individual residence halls, said Ann Owens, South Quad complex manager.

Owens said the halls typically have specific programs — alternatives to bar nights, like "casino nights" where mocktails are served; showing movies like "Kevin's Story," the true story of a young man who killed a person while driving drunk; and various other activities.

Housing's programs are not intended to compete with those of the residence halls, so its alcohol programming will be minimal throughout October, Owens added. Housing designated October Alcohol Awareness Month.

Housing-sponsored programming includes handing out blood alcohol content and "I Care"

Please See ALCOHOL Page 15

ALCOHOL

CONTINUED FROM PAGE 3

OCT 12, 1988

buttons Tuesday and Wednesday by Get S.M.A.R.T., the peer educator committee about alcohol, Co-chairwoman Janet Walls said.

The Get S.M.A.R.T. acronym stands for Students Making Alcohol Responsibility Theirs. About 50 students are committee members, Owens said.

Committee members will serve mocktails Thursday at dinner in every food commons, Theresa Grant, Larzelere Residence Hall director, added.

Janet Walls, Herrig Residence Hall director, said Housing will send "I care" buttons to faculty and staff members. She said the idea is to involve these groups in the "care-frontation" process.

Saturday, Grant said, the committee hopefully will have a "walking float," composed of members passing out "I Care" buttons.

The committee was formed during winter semester 1988, Owens said. "Care-frontation," an early alcohol intervention program, also began that semester.

"Care-frontation" means talking with students who have a repeated alcohol problem in a non-judgmental way and referring them to places where they can get help, Owens said.

"The committee does not want to be viewed as a prohibitionist group," Grant said. "Our goal is to promote responsible drinking habits. We want to be able to educate students on use, abuse and dependency."

One of four college students may have an alcohol or drug abuse problem, Grant added, citing research she received from Ross Rapaport, Alcohol and Drug Abuse Intervention and Prevention program coordinator.

One of five students who begin abusing alcohol will have a dependency problem. And one of every 25 students becomes a full-fledged "alcoholic."

She said student alcohol problems affect grades as well as behavior. Housing's goal is to "intervene before they hit bottom," she added.

"As a result of their drinking, they have a problem staying at CMU," Grant said. "We'd just like to get to them before it's too late."

Owens said about 10 resident assistants and 40 other students take part in the Get S.M.A.R.T. program, which began with RAs making in-hall presentations. Those students are concerned about the campus alcohol abuse problem and alcohol education, she added.

Grant said she thinks the reasons students joined the committee vary as much as the individuals. She said she thinks every CMU student has been touched by an alcohol problem — either their own, a roommate's, a friend's or a relative's.

DRINK

CONTINUED FROM PAGE 3

said. "Now we have them spaced out throughout the month. They were just too bunch up."

This month's program is longer than CMU's alchohol awareness programs have been previously, said Kevin Rabineau, director of Health Advocacy Services.

"Normally programs of those types only run for one particular week in October, but we are trying to stress the fact that drinking goes on all the time," Rabineau said. "We want our information available at all times."

Many details of actual events have yet to be determined in the residence halls and in other areas on campus, Rapaport said.

Those who wish to participate in activities should be aware of programs set in their individual residence halls.

Rabineau said sparking awareness is the aim of many activities.

"We all realize that students will drink, legal age or not," Rabineau said. "We want students to feel the full impact about what will happen if they aren't responsible in making individual choices."

Although students hear everyday about people being killed by drunk drivers, they don't pay attention unless it's someone they know, Rabineau said.

"We often have a police officer come and speak on the stricter drunk driving laws," Rabineau said. "After students hear about spending a few nights in jail if they're caught, they begin to think twice."

Knowing help is available all the time is also important, he said.

"We want to generate the feeling that someone cares," Rabineau said. "We want people to understand it's okay to admit they have a problem and we will help."

Rabineau said education is the key.

"We want students to enjoy themselves," said Rabineau. "We also want them to know how important it is to be educated."

In order to get feedback, Rapaport said there are two tentatively scheduled forums on alcohol policy Oct. 18 and 20.

In past years, CMU has received national recognition for having one of the best programs for National Collegiate Alcohol Awareness Week, Rapaport said.

October set aside for alcohol awareness

Knowing what alcohol does to the body and mind is something to be stressed during October at CMU.

For the entire month, organizations including Housing and the Counseling Center will be working to make people think about the effects of alcohol.

The effort is part of CMU's fifth annual observation of Alcohol Awareness Month, said Ross Rapaport, coordinator of the Alcohol and Drug Abuse Intervention and Prevention Program for CMU.

Rapaport, counselor at the Counseling Center, said one of the main messages of Alcohol Awareness Month is to realize it is socially acceptable to not use drugs or alcohol.

"We want to emphasize it's OK not to use if you don't want to use," Rapaport said. "It's almost overdone. But about one out of 10 don't (drink). There shouldn't be a stigma attached to it.

"We don't want to tell (people) what they should and shouldn't do, that's personal. We want them to evaluate use and the consequences."

The highlight of the month is the week of Oct. 16-22, which is National Collegiate Alcohol Awareness Week, Rapaport said.

"We used to have many of the events around that time," Rapaport

Please See DRINK Page 15

thought spending a weekend together would be something for us both. He had many questions about campus life ranging from academics to how well the students get along with one another.

At the stadium we took our seats in what seemed to be a motivated section. Less than 12 minutes into the game we hear a group chanting "Go! Go! Go!" behind us. We turned our attention to the rowdy group only to notice a man "chugging" down a bottle of liquor. What people do in their private life is, and should be, their own business. I personally found it disappointing to find such a poor display of character in public.

My young friend found the group's, as well as the drinker's actions, very appalling. My friend has strong merit to his reasoning. His parents are divorced due to his father's alcoholism. He rarely sees his father anymore. Presently, his young life is filled with broken promises made by his father. My friend realizes the immaturity, ill behavior, and destruction caused by such an intoxicating substance. My friend's life has forever been changed because of an alcoholic.

I feel it is very unfortunate that my friend and I had to view such stupidity. Even more unfortunate was the group supporting the drunkard's behavior. If an 11-year-old child views drunkenness as immature why can't adults? Is it asking too much that we share the responsibility of exemplary behavior, not only as Chippewas, but as mature adults?

DAVID A. McDONALD
Swartz Creek sophomore

OCT 21 1988

Adults should drink responsibly

To the Editor,

With full comprehension of this school's reputation as a "party" campus I am still troubled by the insensitive and immature view of alcohol held by many students. Getting "bombed" by excessive drinking is not mature. Conducting one's behavior while in public in a drunken manner is obscene and totally disrespectful to persons around you.

This formal opinion is long overdue. I attended Central Michigan's first home game this season with friends from Flint. One of my guests, a young man of 11 years old, is very set on going to college when he grows up. I

SPOTLIFE POLICY

Spotlife is a campus service of CM LIFE, appearing in each Friday issue and covering events for the following week. Spotlife is published free for campus and community groups wishing to announce special upcoming events or meetings.

Forms for Spotlife must be filled out in person in the LIFE office. Anspach 6. Information for Spotlife cannot be taken over the phone. The deadline to place items in Spotlife is Wednesday at 5 p.m.

SADD

10-17-88 morning Sun

(Continued from page 1)

ger to help them. Singer, a junior, is a resident assistant on the floor in Cobb Hall where Harris lived.

"I thought it was an excellent idea. I have the organizational skills, so I helped them get it started," Singer said.

"We want to make people aware of the problem of drinking and driving, especially the students," Singer said.

more because then it wouldn't happen to anybody else," she said.

She said Harris enjoyed CMU the short time he was at the university.

"He was the kind of person that bounced everywhere. I don't think I ever saw him walk," she said.

The group wants to put pressure on state and local officials to

"They are strict, but they aren't strict enough, especially for first offense," Singer said.

SADD also would work with bars in the area to support "designated driver" promotions or other ways of encouraging the bar patrons not to drive drunk.

"I know for some of the bars, the neighbors are really down on them. This would also be a way for them to get some good publicity," Singer said.

Students start SADD group after death of a friend

By MINDY NORTON
Sun News Editor

Students at Central Michigan University are forming an organization to fight drunken driving in response to the death of a freshman last month.

About 25 people showed up for the first meeting last week of a chapter of the national group Students Against Drunk Driving, said group president Joe Singer.

Several students became interested in the idea after their friend John Harris, 19, was killed in an automobile collision Sept. 15 at the corner of Broomfield and Mission, near campus, in Mt. Pleasant.

Police believe the driver of the car that collided with Harris' car was drunk at the time of the accident, and have charged the man with manslaughter with a motor vehicle.

"I think most students realize that it is a problem, but it really doesn't strike them until a friend or an acquaintance of theirs is affected by it," Singer said.

Friends of Harris decided to form the chapter and asked Sin-

(See "SADD" on page 2)

10-7-83

Man arraigned on third OUIL charge

A Weidman man was arraigned Wednesday on charges of operating a vehicle while under the influence of liquor-third offense, operating while impaired-third offense, and operating a vehicle while license revoked, an Isabella County Sheriff's Department report stated.

Clarence Anthony Berant, 54, was stopped by a Sheriff's Deputy while driving south on Woodruff Road just south of Airline Road, the report stated.

Larry Burdick, chief assistant prosecuting attorney for Isabella County, said a third charge of OUIL is a felony and carries a minimum of one year and maximum of five years in prison.

The deputy observed Berant driving onto the shoulder of the roadway and crossing the center line, the report stated. The officer also clocked him traveling 45 mph in a 25 mph zone, the report stated.

Berant was asked to perform a number of sobriety tests, and was given a portable breathalyzer test. The deputy determined Berant had been drinking while under the influence of liquor and placed him under arrest, the report stated.

Berant was taken to the Isabella County Jail and lodged, the report stated.

There are two prior convictions for OUIL on Berant's record. In addition, he was driving with a revoked license, the report stated.

Berant was arraigned Wednesday, 8:30 a.m., in Isabella County 76th District Court, a police spokesman said.

CM LIFE/Jiro Ose

Trying to touch her nose without looking Monday during Breathalizer Night is Kathy Austin, West Bloomfield senior. Department of Public Safety officer Mike Roney looks on. See story on page 16.

SGA to review University alcohol policy

by KAREN BRITTON
LIFE Staff Writer

Student Government Association will begin reviewing and discusssing the proposed alcohol policy for CMU this week.

"We received a letter from James Hill (vice president for Student Affairs) asking us to review and discuss the alcohol policy with written documentation about the things we like or dislike and why," SGA President Cathleen Ward said.

The Alcohol Policy Committee, made up of students, faculty and staff chosen by Hill, has been working on the alcohol policy for two years and is on the sixth draft, Ward, Clarkston senior, said.

"The alcohol policy for CMU refers to both students and employees of CMU," Ward said.

The new policy was needed because enforcement of alcohol rules on campus was left open to interpretation by too many sources, Hill said in an earlier interview. The new policy does not include anything new.

"The residence halls have their own (alcohol) policy in addition to this policy," said Dave Lascu, assistant director of the Office of Student Life.

Ward said the SGA review should be turned into the Alcohol Policy Committee by next week.

Open forums for student input or opinions on the alcohol policy will be Thursday, Oct. 20, from noon to 1 p.m. in the Bovee University Center Maroon Room and Thursday from 5 p.m. to 6 p.m. in the UC Lake Michigan Room, Ward said. One forum occurred Tuesday. No students attended.

Ward, Clarkston senior, told the SGA board to bring up questions on the alcohol policy to the students at residence hall council meetings and other organizational meetings to receive input and ideas for changes.

Students choose to skip talks on change in policy

Not one student showed up at either of the two open forums for the proposed alcohol policy Tuesday night.

Two forums were planned by the Alcohol Policy Committee appointed by James Hill, vice-president for Student Affairs.

The forum was scheduled to enable students, faculty and members of the community to voice their concerns with the policy.

Committee members present at the forums could offer no reason for the lack of student interest.

"We really have no idea why people didn't come," said Rose Rapaport, coordinator for the Alcohol and Drug Abuse Intervention and Prevention Program.

Lack of publicity was not the problem, Hill said.

"It's very difficult not to know about it if people read," he said. "It was in (CM) LIFE and letters were circulated."

Hill said no one should complain about the policy in the future, if they do not come to the forums.

"People must not feel it is important enough," he said. "They'll let others decide (for them)."

"If someone has critical views, it's better to hear them now than after the policy has been approved," Hill said.

Even though student interest is lacking, the two remaining forums scheduled will still be offered as originally planned.

The two forums will be Thursday Oct. 20. One will meet from noon to 1 p.m. in the Bovee University Center Maroon Room. The other will be in the Lake Michigan Room in the UC from 5 p.m. to 6 p.m.

OCT 14, 1988

Student found guilty, sold liquor to minor

A CMU student was found guilty Monday in Isabella County 76th District Court for furnishing alcohol to a minor.

Jeffery Allen Lagos, Care junior, was sentenced to pay $350 in fines for selling a six-pack of Bud Light to an 18-year-old who was working with State Police undercover detectives, a court report stated.

Detectives were checking area businesses Aug. 26 to see if any of the establishments were selling alcohol to minors, the report stated.

The undercover buyer went into the 7-Eleven, 806 S. Mission St., where Lagos was employed and presented him with a valid driver's license showing his correct age as a teenager, the report stated.

"Under 21" was also printed on the front of the license, the report stated.

According to the report Lagos, 20, said the reason the buyer was able to make the purchase was because he was talking to a co-worker and wasn't paying as close attention to the license as he should have.

Lagos was arrested minutes after the buyer presented the detectives with the beer he had bought, according to the report.

Lagos has until Nov. 10 to pay his fines, report stated.

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Hall dance to promote fun without alcohol

OCT. 26, 1988

Even though National Alcohol Awareness Week has passed, one CMU residence hall has one little reminder for students.

October is also Alcohol Awareness Month.

Trout Residence Hall is having a reggae dance Thursday to promote fun without alcohol. The dance, in the Robinson Food Commons, is from 9 p.m. until midnight.

Pamela Wade, Trout Residence Hall Director, said the idea of having the reggae dance was to provide a different social outlet other than the bar scene. In addition, Wade said the reggae dance will be plain fun.

"Reggae music is pretty popular with the students today," Wade, Hemlock graduate student, said. "It's different from just another rock dance."

Various door prizes every half hour will also make the dance seem more inviting to students, said Wade. The reggae music will be provided by Shawn "Crucial Curtis" Beck, East Lansing junior. Beck will also be donating reggae records to give away to the students. Reggae music videos will also be shown, Wade said.

Refreshments will also be provided in the form of "mocktails" — a non-alcoholic drink, Wade said.

The food commons for the dance will include island decor, Jenny Howard, a dance organizer, said.

"We want to give it a Caribbean look," Howard, Port Huron sophomore, said. "We have palm trees made out of paper. We want a tropical look."

Howard said the dance is ultimately to show students a good time can be had without the presence of alcohol.

"We're just trying to show people that they can have a good time without alcohol," she said.

Admission to the dance is $1.

10-17-88 **YOUR VIEW**

President wants University members to support week

To the University community,

Some members of the Central Michigan University community may experience alcohol dependence which interferes with their studies, work, health, and interpersonal relationships. In an effort to assist those individuals, and the entire University community, in making informed decisions about the responsible use of alcohol, I am declaring Oct. 16-22 as Alcohol Awareness Week at CMU.

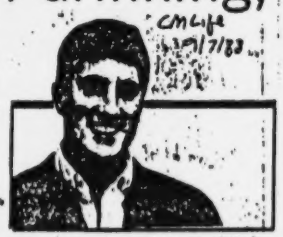
All members of the University community are encouraged to evaluate, at a very personal level, the importance and consequences of alcohol use in their lives. We currently have available very effective alcohol education programs, and I encourage you to seek them out for your own benefit and for the benefit of those whom your care about. Ross Rapaport in the Counseling Center will be pleased to help you.

This year's Alcohol Awareness Week will again feature various programs, displays and activities across the campus and Mount Pleasant community, all aimed at the prevention of alcohol abuse. These activities support the efforts of the National Collegiate Alcohol Awareness Week program.

Please join your colleagues and me in supporting Alcohol Awareness Week at CMU.

EDWARD B. JAKUBAUSKAS
President

Lessons on drinking, driving don't sink in



Dave Wasklewicz

While driving back to CMU Monday I saw something that really made me think. A motorist had been pulled over for drinking and driving.

The reason I knew the driver had been drinking wasn't because he looked drunk, but because the officer had placed open bottles of beer on the roof of his car.

The driver and his passenger stood next to the car in full view of an unending line of holiday traffic. How embarrassing, I thought. Maybe it will teach this bum a good lesson. And maybe the passenger in his car will think twice about allowing his friend to drink and drive.

What kind of person would actually let a friend drink and then drive?

Take a look around you. Maybe it's the person sitting next to you. Maybe it's the person reading this column.

What about the guy who wrote it?

As I passed that motorist Monday it hit me what a hypocrite I and many others are. You see, I was very angry when I saw this young man who had jeopardized many lives by drinking and driving, but just one night before, I was guilty of a similar action.

I didn't operate an automobile after I had been drinking, but I was a passenger in a car with a less-than-sober driver. I also watched while several friends did the same.

I had been to a party with several friends. We had a blast, drinking beers, singing songs and reminiscing about the wonderful summer we had shared together.

"Drive safely! Be careful!" we offered as some drove away. Many friends were even given a bed to sleep in, but not all accepted.

All of my friends and I made it home that night without injuring ourselves or others. But what will it take before we learn?

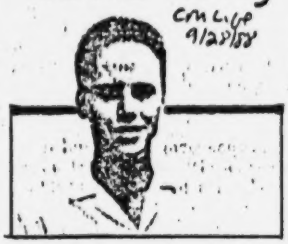
For some reason, there is a fog that blinds us from the very real possibility that someday we could be involved in an alcohol-related accident.

We look down upon people who are convicted of drinking and driving-related crimes, then allow those crimes to go on right in front of us. What hypocrites we are.

This past summer, two of my friends were in serious auto accidents which involved alcohol. They are very lucky to be alive today, but did they learn anything from it? Did I?

I wonder how many people drove by that motorist on Labor Day, casting dirty looks when they, in fact, have been guilty of the same or a similar act. I wonder if he or anyone else learned by his public humiliation. I wonder if we will ever learn.

Teetotaler tells why he quit drinking



Robert D. Wilson

October is Alcohol Awareness month at CMU. There are many Alcohol Awareness programs in the works. The dorms also are sponsoring programs. You can talk to a resident assistant for details.

"If you live off campus," Larzelere RA Ric Bischer said, "you are still welcome at Residence Hall Alcohol Awareness activities."

My last drink was on Sept. 29, 1987. It was a Stroh's and it tasted awful. I was with my soon-to-be fiancee and I was thinking: "Time to grow up, Bob. Give it up or die in a ditch." Tomorrow I celebrate with a bottle of fake champagne and some "near" beer.

An old friend of mine named Mark got me to quit drinking. He did it by example. Mark quit drinking. He had some trouble with it and then he just stopped. Cold turkey. Me, too.

Well, no big trouble for me. People used to tell me I had a drinking problem. I was making good grades. Had friends. Jobs. Extra-curricular activities. I didn't get into fights. I didn't have temper tantrums. I didn't get in trouble with the law. I would ask people who said I had a drinking problem: "Hey, what's the problem?"

I did drink a lot. A whole lot. People still remind me of parties I had. I would quit drinking for a month and then throw a party. On the wagon. Off the wagon. On. Off. Now I'm on. I haven't been dry this long since I was 8 years old.

Toward the end of one of my parties, I grabbed a girl in a somewhat lustful way. The next day I couldn't remember who it was, even though I remember I invited her to the party. I couldn't even track her down to apologize. To this day I don't know who it was.

Hey, what's the problem?

Mark was at a friend's house. He drank about a fifth. People probably thought Mark had a drinking problem. He did some pot and coke too, I hear. Mark left the house alone, got into his car, and drove it into a ditch at about 40 mph.

Hey, what's the problem?

Mark hasn't had a drink since. The ceremony was closed casket.

I went to high school with Mark. Junior high and grade school, too. I still have my old kindergarten picture. I'm right next to Mark.

Imagine being in a relationship in which you didn't love or respect your partner and your partner didn't love or respect you, but the sex was AMAZING. After a while you would probably decide that you didn't want to remain in that relationship.

That's how I feel about my relationship with alcohol. There are times when I want a drink the way you would want to be with that old lover. I think: "Boy, a Bud Light sure would hit the spot."

Everybody quits drinking. Mark quit one day too late. Would one more drinking session be the one that kills me? Maybe. Would one more drinking session be the one that kills you? Maybe.

But I look for silver linings. And I try to speak well of the dead. Mark's was the best kind of drunk-driving fatality. He didn't kill any innocent bystanders. Just himself. He got one last binge in without the morning after. And nothing is a total loss if somebody learns from it.

Proposed Alcohol Policy for Central Michigan Univer

There will be four one hour long forums to discuss the proposed policy with members of the Alcohol Policy Committee. The forums will be held at the following times and places:

October 18, 4-5 p.m., Moore Hall 206
7-8 p.m. Moore Hall 206
October 20, 12-1 p.m., Maroon Room, Bovee U.C.
5-6 p.m., Lake Michigan Rm. Bovee U.C.

If you are unable to attend a forum, please send writte comments, concerns or letters of support regarding the pro policy to Warriner Box 125 by Friday, November 11, 19

PREAMBLE

The Alcohol Policy for Central Michigan University is intended to serve the entire University community democratically and fairly, taking into account the variety of roles occupied by members of the CMU community. The Policy is intended to provide clear, consistent and constructive guidelines for the application of impartial standards and expectations. All major campus constituencies have participated in the preparation of the Alcohol Policy. Respect for individual rights and concern for individual welfare are reflected throughout the Policy.

PHILOSOPHY

Central Michigan University neither encourages nor discourages the use of alcoholic beverages. The rights of non-drinkers are supported and alcohol abuse is not condoned. The University's alcohol policy places major responsibility for individual and group conduct upon the members of the University community who are involved in the use of alcoholic beverages. Individuals and groups are held accountable for their behavior whether or not they have been drinking. Drinking alcoholic beverages is not an excuse for irresponsible behavior.

The University affirms its support for those programs now on campus leading to wider understanding of the use and abuse of alcohol. CMU encourages further educational efforts designed for members of the University community who seek to make informed choices where alcohol is involved. The University supports the right of individuals with alcohol problems to receive appropriate treatment and assistance.

It is the intent of the University to encourage a positive philosophy about alcoholic beverages in which a consistent example of moderate use in accordance with state law and campus policy is presented; where alternative, non-alcoholic beverages are accorded equal status to alcoholic beverages at campus events; where any moral implications of drinking are left to the discretion of the individual; where choosing not to drink is as socially acceptable as choosing to drink; where excessive drinking or drunkenness is not condoned; where being intoxicated is no excuse for misconduct or infringing upon the rights of others; and, where alcohol use is not the prime focus of a social activity.

I. Summary of Selected Michigan Laws

The following summary covers sections of the Michigan Liquor Control Act, being MCLA 436.1 et seq., relating to the possession, consumption, and sale of alcoholic beverages.

Laws and administrative rules governing establishments licensed by the Michigan Liquor Control Commission, as well as sections of the law dealing with licensure, importation, taxation, wholesaling, and manufacturing of alcoholic liquor are not included in the summary. Also excluded from this summary are Michigan's drunk driving laws.

It is possible that not all laws relevant to a particular situation are included in this brief summary; therefore, no one should take action in reliance upon it. The summary is intended strictly as an educational tool, and should not be construed as legal advice.

A. Alcoholic Liquor Defined

"Alcoholic liquor" means any spirituous, vinous, malt, or fermented liquor, liquids and compounds, whether or not medicated, proprietary, patented, and by whatever name called, containing *one-half of one percent* or more of alcohol by volume which are fit for use for beverage purposes.

B. Drinking Laws

It is illegal for a person under 21 years of age to *purchase* alcoholic liquor, *consume* alcoholic liquor in a licensed premises, or *possess* alcoholic liquor, except in the following circumstances:

(1) The law does not prohibit a person less than 21 years old from possessing alcoholic liquor during the regular working hours and in the course of his/her employment if employed by a liquor licensee, by the Liquor Control Commission, or by the Commission's agents if the alcoholic liquor is not possessed for his/her personal consumption.

(2) The law does not prohibit the consumption of alcoholic liquor by a person under the age of 21 years who is enrolled in a course offered by an accredited college or university in an academic building and under the supervision of a [illegible] member if the purpose is solely educational and a necessary ingredient of the course.

A person under the age of 21 years who violates this law is liable for the following civil penalties:

a) 1st violation: up to $25.00 fine;
b) 2nd violation: up to $50.00 fine, and/or participation in a substance abuse program;
c) 3rd and subsequent violations: up to $100.00 fine, and/or participation in a substance abuse program.

It is a misdemeanor for a person under 21 years of age to knowingly transport or possess alcoholic liquor *in a motor vehicle*, unless such activities are in connection with the minor's employment by a liquor licensee or other authorized agent of the Liquor Control Commission. Following a conviction for violation of this provision, steps may also be taken to impound the vehicle used in the offense.

Alcoholic liquor may not lawfully be sold, traded, or otherwise furnished to a person who has not attained the age of 21 years. Knowingly selling or furnishing alcoholic liquor to a person under the age of 21, or failing to make a diligent inquiry as to whether the person is under the age of 21 is a misdemeanor.

C. Fraudulent Identification

A person who furnishes fraudulent identification to a person less than 21 years old or a person under the age of 21 who uses fraudulent identification to purchase alcoholic liquor is guilty of a misdemeanor. In addition to penalties pursuant to the misdemeanor, the driver's license of a person convicted of using fraudulent identification shall be suspended for 90 days.

D. Regulation of Sale Laws

Under Michigan law, the *sale, trade, or giving away* of alcoholic liquor, including alcoholic liquor for personal use, requires a license or other prior written authorization from the Liquor Control Commission.

A person who conducts any activity for which a liquor license is required without first obtaining the requisite license is guilty of a felony, punishable by imprisonment for not more than one (1) year, and/or by a fine of not more than $1,000.00.

E. Open Container Laws

The consumption of alcoholic liquor on the public highways of this state is forbidden by law.

It is unlawful to transport or possess any alcoholic liquor in a container which is open, uncapped, or upon which the seal is broken within the passenger compartment of a motor vehicle on the highways of this state.

II. On Campus Locations Where Alcoholic Beverages Are Permitted

The *only* locations where alcoholic beverages are permitted to be possessed, served and consumed by persons of legal drinking age on the campus are:

A. Bovee University Center

The use of alcoholic beverages in the Bovee University Center is restricted to the alcoholic beverage services offered by the University pursuant to its liquor license and the guidelines described below. Persons may not bring alcoholic beverages into the University Center for possession, service or consumption, except as authorized in the course of their employment by the University, the Liquor Control Commission, or an agent of the Commission.

Alcohol Beverage Guidelines for the Bovee University Center state that alcoholic beverage service is limited by the following:

1. Wine
   a. Non-university conference groups
   b. University faculty/staff/administration, academic or student organizations
   c. Weddings
   d. Local groups of 350 people or more
   e. Outside groups of 350 people or more
2. Beer & Liquor
   a. Non-university conference groups
   b. University faculty staff administration, academic or student organizations (only with written permission from the President)
   c. Local groups of 350 people or more
3. Liquor Punch Bowls
   a. Weddings
   b. Non-university conference groups
   c. University faculty staff and student organizations
   d. Local groups of 350 people or more
4. Serving Areas For Alcohol Functions
   a. Ballroom
   b. Cafe Express
   c. Terrace Room
   d. Maroon Room
   e. Gold Room
   f. Wolverine Room
   g. Isabella Room
   h. Mt. Pleasant Room
   i. President's Room

B. Residence Hall Rooms/University Apartments

Residents agree not to possess or consume intoxicating beverages in a residence hall or University apartment except as allowed by law and pursuant to regulations promulgated by the Office of the President.

C. Hospitality and Marketing Classes

In accordance with State law and under the supervision and direction of a faculty member.

D. President's Residence

In accordance with State law and the University's liquor license.

E. Tailgate Parties at Football Games

In accordance with State law. Kegs are not permitted at tailgate parties.

F. As Designated by the President

Alcoholic beverages may not be consumed in any other University area without written permission by the President. This includes but is not limited to faculty/staff administrative offices, and classrooms. Presidential permission is required for alcohol service at holiday parties, retirement receptions, or other events.

G. Other Areas

Unopened containers of alcoholic beverages may be present in an unauthorized area of the campus solely for the purpose of transporting it to an authorized area by individuals of legal drinking age.

III. General Rules for Alcohol Use at On-Campus Events

Public and private University events that include alcoholic beverages shall only take place in the Bovee University Center or other approved places, as described above. All events involving alcoholic beverages shall be conducted within the following guidelines:

A. Sale or furnishing of alcoholic beverages within the State of Michigan is only permitted when properly licensed.

B. Individuals sponsoring the event shall implement precautionary measures to ensure that alcoholic beverages are not accessible or served to persons under the legal drinking age or to persons who appear intoxicated. This shall include, but not be limited to, checking identification and training serving people and bartenders in alcohol management techniques.

C. At functions where alcoholic beverages are provided by the sponsoring organization, direct access shall be limited to a person(s) designated as the server(s).

D. Consumption of alcoholic beverages shall be permitted only within the approved area designated for the event.

L. Non alcoholic beverages must be available and identified at the same place as the alcoholic beverages and be featured equally and as prominently as the alcoholic beverages.

F. A reasonable portion of the budget for the event shall be designated for the purchase of food items.

G. No event shall include any form of "drinking contest" in its activities or promotion.

H. Advertisements for any University event where alcoholic beverages are served shall not focus on the availability of alcoholic beverages.

I. Institutionally approved supervisory personnel shall be present at all times during the event.

J. Compliance with the terms of University insurance coverage, if any, is required.

K. Sponsors of social functions where alcoholic beverages are available shall take responsibility to be fully informed of liability laws and any applicable insurance requirements.

IV. Registered Student Organizations

Recognizing the increased consumption of alcohol on college campuses, and in many instances increased occurrences of alcohol abuse, and recognizing the dangers of alcohol abuse in connection with malicious destruction of property, driving accidents, personal injury, and other related activities, CMU has adopted the following guidelines pertaining to alcohol use by registered Student Organizations:

A. Organizations should educate their members regarding liability and responsibilities associated with the use of alcohol at activities.

B. Organizations should not promote irresponsible and or illegal use of alcoholic beverages.

C. Organizations should not portray drinking as a solution to personal or academic problems.

D. Organizations should not portray alcohol consumption as being necessary for social, sexual, personal, or academic success.

E. Activities should not be scheduled in which alcoholic beverages are offered as prizes or incentives or at which alcoholic beverages are served to persons under 21 years of age.

F. Activities should not be scheduled which promote drinking contest or alcohol abuse.

G. Registered Student Organizations are encouraged to promote alcohol awareness programs and to help promote such programs on campus.

H. Alcohol should not be a part of new membership recruitment programs.

I. Organizational leadership and members should become educated about the signs and symptoms of alcohol problems, how to refer individuals with problems, and local sources of assistance.

V. Guidelines for Beverage Alcohol Marketing on Campuses

A. Michigan Liquor Control Commission guidelines for marketing beverages on college campuses must be adhered to. (See Student Po copy of the guidelines.)

B. Beverage alcohol marketing programs specifically targeted for held on campus should conform to CMU's Student Code of Conduct, a demeaning sexual or discriminatory portrayal of individuals.

C. Promotion of beverage alcohol should not encourage any form of nor should it place emphasis on quantity and frequency of use.

D. Beverage alcohol (such as kegs or cases of beer) should not be awards to individual students or campus organizations.

E. Beverage alcohol sampling or "drinking contests" as part of cam programs will not be permitted.

F. Promotional activities should not be associated with otherwise events or programs without written consent of the Vice President for St designee.

G. Display or availability of promotional materials should be *consultation with the Vice President for Student Affairs or designee.*

H. Informational marketing programs should have educational valu to the philosophy of responsible and legal use of the products repres

I. Beverage alcohol marketers should support campus alcohol awa that encourage informed and responsible decisions about the use of wine or distilled spirits.

J. If permitted, beverage alcohol advertising on campus or in int including that which promotes events as well as product advertis portray drinking as a solution to personal or academic problems of necessary to social, sexual or academic success.

K. Advertising and other promotional campus activities should beverage alcohol consumption with the performance of tasks that reactions such as the operation of motor vehicles or machinery.

L. Local off campus promotional activities, primarily directed to st be developed with the previous knowledge of the Vice President for St designee.

M. Newspaper, radio and television operations within the University comply with all Michigan Liquor Control Commission advertising gui

N. All other on-campus media and promotional materials, exclud (M), shall conform to the marketing guidelines contained in th exceptions must have written consent by the Vice President for Stu designee.

O. All outlets broadcasting University events should be made a encouraged to follow the guidelines for alcohol beverage marketing a policy.

P. Any signs, billboards, scoreboards, posters, etc., erected o conform to the alcohol beverage marketing guidelines as outlined in th prior written approval is received from the President.

VI. Athletics

A. Alcoholic beverages are prohibited inside any athletic facility or athletic contest.

B. As previously stated, kegs are not permitted at tailgate gatherin parking lots before, during, or after football games.

VII. Student/Employee Assistance Guidelines for Policy and Pr

The University is committed to providing information and resour and abuse to help members of the University community make gu themselves regarding the use or nonuse of beverage alcohol. Indivi help due to an alcohol problem will be encouraged and assisted in t

Because of the destructive nature of alcohol abuse, CMU desires t of the University community who exhibit signs of having alcohol relat many instances the person with an alcohol problem may be unaware magnitude and his her behavior may result in performance problems other members of the University community, their families, a Procedures must be established for each University group to implement related problems affect work performance and or the Univer The procedures must address the following areas: Documentation behavior, intervention, assessment and education, referral to treatm aftercare, relapse consequences and consequences for non-compl these areas is briefly defined below. The concepts to be included, ho are as follows:

A. Documentation of Problem Behavior

1. Documentation of specific behavioral indicators of work pe compiled.
2. Documentation of the problem behavior(s) is used in subsequ

B. Intervention

Consults with knowledgeable professionals about effective interv

C. Assessment

1. Persons exhibiting behavioral problems affecting the Universit for preliminary assessment and or education.
2. Assessment will be conducted by appropriate CMU staff or persons to aid in determining the status of the person exhibiting pr

D. Referral to Education and/or Treatment

1. Some persons may be required to attend alcohol education programs to maintain their University status.
2. Some persons may have their University status terminated if th with the treatment process.

E. Treatment

1. CMU will maintain a list of recommended treatment programs th a variety of philosophies and approaches for the treatment of alcoh

F. Aftercare

1. CMU will maintain a list of aftercare support groups for recove
2. CMU will encourage the development of aftercare groups and s

G. Relapse

1. CMU recognizes that relapse occurs for some recovering alcoho will be reviewed on an individual basis.
2. Intervention, assessment, and referral are on-going for all students who have previously exhibited alcohol related problems.

H. Failure to Comply

1. Some persons may have their status with CMU terminated if th with the employee student assistance program.
2. Some person who continue to have alcohol-related problems treatment and program may have their status with CMU terminated.

I. Special Note

No employee or student will be denied due process or be disc because he she is a recovering alcoholic.

eta sigma gamma

National Professional Health Science Honorary
Eta Chapter

Department of Health Education and Health Science
105 Pearce Hall
Central Michigan University
Mt. Pleasant, MI 48859

Dear

Eta Sigma Gamma at Central Michigan University wishes to congratulate your establishment for being a part of the Designated Driver program. By your offer of a free non-alcoholic beverage to one person in a group of 2 or more, you have given your community a chance to reduce the number of alcohol related accidents. Without your cooperation your friends and patrons would be at a higher risk of being injured due to an impaired driver.

It is the sixth week since the start of the program and the members of Eta Sigma Gamma would like to get your views and opinions on its degree of success. Attached is an evaluation questionaire that we would like to have you fill out with an Eta member. Please feel free to give input or elaborate on any question in the survey. We are very interested in how you feel the program is working!!

We strongly feel that the program is being used and appreciated by the community, therefore we request that you continue this program. We will be in further contact, with the results of this survey, and to answer any questions that may arise.

You may contact Eta Sigma Gamma by writing to the above address or calling Phillip White (773-1562) or Dr. Loren Bensley (774-3392; 774-3370). Once again thank you for your participation in this program.

Sincerely Yours,

Phillip J White

Phillip J. White
Co-Chairman of
Designated Driver Program

Evaluation of the Designated Driver Program Questionnaire

Bar Name: _____

Proprietor's or Manager's Name: _____

Eta Member's Name: _____ Date: ____/____/____

1. Generally, is there approval of the Designated Driver program by:
   Patrons Yes____ No____
   Employees Yes____ No____
   Owner/Manager Yes____ No____

2. Please give the best estimate of the percentage of the total patrons who have used the Designated Driver program.

   a. < 5% **b.** 5 - 10% **c.** 10 - 20% **d.** 20 - 40% **e.** > 40%

3. Of those who have used the program, were there more Students or Non-Students?

   a. Students **b.** Non-Students

4. Please estimate the average number of people in the group who have had a Designated Driver.

   a. 2 **b.** 3 **c.** 4-5 **d.** over 5

5. On an average, how many free soft-drinks did a Designated Driver receive?

   a. 1 **b.** 2 **c.** 3-5 **d.** over 5

6. In your opinion, did most of your patrons have a knowledge of the Designated Driver program?

   a. No **b.** Yes

7. Has there been any positive or negative feedback about the program? (i.e. from patrons, employees, other bar owners...)

8. Do you feel that the program is successful or is being abused?

9. Do you have any suggestions or comments on improving our Designated Driver program? (i.e. publicity, format, ...)

ENJOY THE HOLIDAY SAFELY

CM Life 12/12/88

ZERO

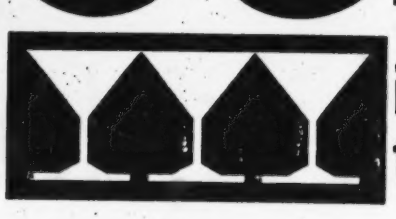
It's O.K. NOT to drink alcohol.*

ONE

One drink per hour sets the pace for moderate drinking,

AND

THREE



Three drinks is the moderation maximum.

*It's especially important not to drink alcohol if you are driving, under 21, pregnant or chemically dependent.

Sponsored by the Alcohol and Drug Abuse Intervention and Prevention Program, Housing, Wellness Resource Center, Health Services Division of Student Affairs.

Produced by the Enjoy Michigan Safely Coalition. Funded by the Michigan Office of Highway Safety Planning and USDOT/NHTSA CHSP For more information call (517) 482-9502

Program gives tips to drinkers, non-drinkers

CM Life 12/12/88

by MATT BACH
LIFE Staff Writer

A newly developed, year-round alcohol awareness and education program is being born in Michigan.

"Enjoy Michigan Safely" is the campaign slogan for the newest alcohol abuse program adopted by CMU and the Division of Student Affairs, said Ross Rapaport, counselor in the Counseling Center.

The campaign is a year-round program promoting a few suggested guidelines for people who use alcohol, Rapaport, associate professor of counseling, said. The campaign also provides support for students who choose not to drink.

Enjoy Michigan Safely Coalition, which includes several organizations such as the Michigan State Police, the Michigan Substance Abuse and Traffic Safety Information Center and AAA of Michigan, is sponsoring the program, said Julie Johnson, a secretary at the Michigan Substance Abuse and Traffic Safety Center.

The coalition strongly recommends people who are in "high-risk categories" do not drink at all. These categories include drivers, people under 21, pregnant women or people who are chemically dependent, Rapaport said.

The guidelines the coalition suggests are not a recommendation to use alcohol at any particular level, nor does it suggest any particular level is safe for anyone, Rapaport said.

"We are not telling people what they should or shouldn't do," Rapaport said.

"However, we want to support indivduals who choose not to drink and then for those individuals who choose to drink provide some clear guidelines for lower-risk alcohol use," he said.

This alcohol awareness drive is usually done only during the Christmas and New Year period, Rapaport said. This year the members are extending the campaign to include the entire year.

"(This year the Safely campaign) will be ongoing," Rapaport said. "It will be modified a bit at each season for the activities typical of that season."

"One of the main parts of the campaign is to provide support to individuals who choose not to drink alcohol," he said.

This alcohol awarness drive is centering on a special "zero, one, three" slogan, Rapaport said.

The "zero" stands for zero drinks, meaning it's all right not to drink alcohol at all, he said.

The "one" means one drink per hour, Rapaport said.

The "three" stands for three drinks per occasion, he said.

Rapaport defined one drink as one 12-ounce beer, 1½ ounces of distilled liquor depending on the proof, or four to five ounces of wine again depending on the proof.

"(CMU is one of the) places where the campaign is being pilot-tested and we will give feedback on how effective this campaign is," Rapaport said.

Rapaport said students are not the only group of people they are targeting.

"This program is not targeted to only students but to everyone in the University community," he said.

Rapaport said he hopes to spread the campaign information throughout the campus.

He also said the Wellness Resource Center is placing posters throughout the campus. Other CMU groups participating in the program are Housing and Food Services, Health Services, and the Counseling Center.

Mid-State Substance Abuse Commission
105 West Fourth Street, Clare, Michigan 48617
Phone: 517-386-4020

TO: Tom Reel, Gail Johnsen, Robin Shivley

FROM: Penny Norton, Prevention Coordinator P.N.

DATE: April 6, 1988

RE: Draft Enjoy Michigan Safely Proposal

SUBMITTED BY: Pamela Burke, Director, Mid Michigan Prevention Services of Clare Community Hospital
Penny Norton, Prevention Coordinator, Mid-State Substance Abuse Commission

Per your request, Pam Burke and I have developed a draft proposal outlining an alternative media campaign directed at many different target groups and events that occur in Michigan throughout the year.

It's my understanding from the campaign committee meeting on March 31, 1988, that this draft will be forwarded to all members of the committee for their review and comment.

Whether this particular program approach is accepted or not, I think it's extremely important that all future campaign efforts be based on research gleaned from experts working in the field of substance abuse prevention. Their findings can provide a framework to work from in creating positive behavior change in individuals, which is the ultimate desired outcome of any serious prevention initiative.

If you have any questions regarding the enclosed material, please feel free to contact Pam Burke (517) 386-9951 Ext. 132, or myself at (517) 386-4020. I'm hopeful about the possibility of new beginnings with a united approach.

Best of Luck in your follow-up.

From Enjoy Michigan Safely Campaign.

ZERO ONE THREE

It's O.K. NOT to drink alcohol at a party*.

One drink per hour sets the pace for moderate drinking.

Three drinks per party is the moderation maximum.

*It's especially important NOT to serve alcohol to guests who are pregnant, chemically dependent, under 21, or designated drivers.

B.Y.O.*

The Enjoy Michigan Safely Coalition includes

Michigan Office of Substance Abuse Services
Michigan Office of Highway Safety Planning
Traffic Safety Association of Michigan
Michigan Traffic Safety Information Council
Michigan Substance Abuse and Traffic Safety Information Center
Michigan State Police
National Council on Alcoholism
Substance Abuse Prevention Education (SAPE Assoc.)
AAA Michigan
Michigan Department of State

For more information (517) 482-9902

Distributed and Endorsed by:

SAFELY!

*BEFORE YOU OFFER TO THROW A PARTY... Check These Helpful Hints

Before you offer to host another party, you should know that there is an increasing responsibility to create a hospitable and safe party environment. Not only is there an increased legal liability for party hosts, but frankly, many people just aren't comfortable at a party where the only focus is on alcohol consumption.

The popular trend now in party-giving is toward moderation, fun non-alcohol drinks and tempting foods! Here are four important tips to help you host a safe and fun party.

BEVERAGES

As the host you should always offer a choice of non-alcohol beverages. Stock plenty of soft drinks, juices and mix, tend the bar yourself using a shot measure and encourage your guests to follow the 0-1-3 rule of thumb for alcohol consumption. (See back panel.)

ACTIVITIES

To get your party off to a good start, plan "ice-breaking" activities. Consider a party theme and simple games that help your guests become acquainted and comfortable in your party setting. This gives your guests something to do besides getting another drink out of nervousness or boredom.

FOOD

Timing is important...serving food early that is rich in protein like meats, cheeses and vegetables will guarantee that your guests won't be drinking on an empty stomach. Serving food later, or starchy and salty foods, does not absorb or reduce the effects of alcohol.

HAPPY ENDINGS

As your party winds down, identify those guests who may have overconsumed. Don't be shy about arranging alternate transportation or making a sleep-over invitation. Now that you've had a safe and successful party...be sure to remind all of your guests to buckle-up as they drive home.

Showing you care about your guests by planning party menus, activities and alcohol consumption strategies should not put a crimp in your party style. It should keep your guests coming back for more...more great parties!

From enjoy Michigan Safely Campaign

ZERO

It's O.K.
NOT to drink
alcohol.*

ONE

One drink per hour sets the pace for moderate drinking,

AND

THREE

Three drinks is the moderation maximum.

*It's especially important not to drink alcohol if you are driving, under 21, pregnant or chemically dependent.

ENJOY MICHIGAN SAFELY

Produced by the Enjoy Michigan Safely Coalition. Funded by the Michigan Office of Highway Safety Planning and USDOT/NHTSA. For more information call (517) 487 9903

Newspaper Oct. 17, 1988

President Jakubauskas Declares This Alcohol Awareness Week

President Edward Jakubauskas has proclaimed this week Alcohol Awareness Week. Campus activities will coincide with national Collegiate Alcohol Awareness Week, now in its fifth year.

"Our campus efforts have been outstanding and have won national honors," said Jakubauskas. "Alcohol Awareness Week at CMU continues our year-round emphasis on alcohol education and individual responsibility.

"We want students to think seriously about their health, respect for others, and alternative social activities," said Jakubauskas. "A partnership approach--with students, faculty, administrators, and community--is the best way to prevent problems associated with alcohol misuse."

Workshops, displays, and activities are scheduled through the week.

From Enjoy Michigan Safely campaign

DRAFT

WHEN:

SPRING 1989 (March, April, May)

EVENT	TARGET POPULATION	POSSIBLE AGENCY SUPPORT	TARGET SETTINGS
Marine Safety	Youth	Indian Bureau, Dept. of Education, Michigan Model, MSATSIC, D.N.R., Sheriff's Dept. State/City Parks	Schools, Red Cross, County/State Parks
Bike Safety "I Don't Drink and Drive" Bike flags	Youth	T.S.A., OHSP, S.A.P.E., MSATSIC, OSHA, Michigan Safety Commission, Michigan Model, D.O.E.	Schools, Scouts, Hospitals, Bike Safety Week-through volunteer organizations, local police dept.
Fraternity/Sorority Rush	College students	BACCUS, MCSAE, Panellic Council	Colleges
Graduation	College/high school youth/ parents	SADD, MADD, Criminal Justice Board	Schools, universities, community/ local businesses
Spring Break	College/high school youth	M.S.P., OHSP, Dept. of Education colleges	Rest areas, college newspapers
Prom	High school youth	S.A.P.E., MSATSIC, OSAS, O.H.S.P., Dept. of Education, colleges	Schools, community, local businesses
Michigan Fetal Alcohol Syndrome Campaign	Pregnant women	OSAS, MASAC, M.D.P.H., MSATSIC	Health clinics, County Health Dept. OBGYN Offices, Alcohol outlets

WHEN:

SUMMER 1989 (June, July, August)

EVENT	TARGET POPULATION	POSSIBLE AGENCY SUPPORT	TARGET SETTINGS
July 4th Weekend	General public, travelers, local parties	County/State Parks, D.N.R., T.S.A., M.S.P., Tourism Association, State/ Local Police, OSAS, MADD, MSATSIC, REACT Volunteers	Rest areas/REACT Centers, County/State Parks, gas stations, TV, radio, grocery stores, alcohol outlets
Boating Season	Fisherman, skiers swimmers, boaters	D.N.R., Sheriff's Dept., Michigan Boating Association, Coast Guard, recreation associations, OSAS, MSATSIC, TSA, Michigan Tourism, Red Cross, State Parks	Marinas, sporting goods, bait shops, D.N.R., Michigan Outdoor Magazines, grocery stores, alcohol outlets, County/State Parks, boat sales & services

DRAFT

WHEN:

FALL 1988 (Sept. Oct. Nov.)

EVENT	TARGET POPULATION	POSSIBLE AGENCY SUPPORT	TARGET SETTINGS
University football games/ tailgate parties	Alumni adults/college students/ teens	City Councils, alumni associations, campus associations, arena - T.E.A.M. stadium owners, local & campus police or sheriff's department	On campus, parking lots, stadiums, stadium stores, ticket outlets on campus, college newspapers
Fraternity/Sorority Rush	College age students	BACCHUS, MCSAE, Campus associations i.e., college newspaper, Panellic Council, Wellness Resource centers	On/off campus Fraternity/Sorority houses, campus newspapers
Hunting Season	Bow hunters - rifle hunters	County D.N.R., Sheriff's Dept., County/State Parks, Tourism, OSAS, M.R.A., M.S.C., M.S.P., MSATSIC, Indian Bureau	Sportings Goods, Michigan Hunting Magazines, Michigan Tourism Magazines, D.N.R. Offices, Stop 'N Go alcohol outlets, grocery stores
Labor Day	General public, travelers, local partiers	State Parks, D.N.R., T.S.A., M.S.P., Sheriff's Dept, and local police, Michigan Tourism, OSAS, MADD, REACT volunteers	Alcohol outlets, grocery stores, REACT centers, rest stops, county/ state parks, gas stations, radio, TV

WHEN:

WINTER 88-89(Dec. Jan. Feb.)

EVENT	TARGET POPULATION	POSSIBLE AGENCY SUPPORT	TARGET SETTINGS
Office parties	Employees	ALMACA, Assoc. of EAP's, OSAS, N.C.A., MSATSIC, C.S.P.I.	Place of employment
Christmas/New Year's	Travelers, party guests, celebrants	M.S.P., OSAS, N.C.A., MSATSIC, OHSP, seatbelt safety groups, MADD, hospitals, Criminal Justice Board	Taverns, alcohol outlets, PSA's
Winter Sports	Skiers, snowmobilers, ice fisherman, Winter Festival participants	Michigan Tourism council, M.S.P., Recreation Associations, OSAS, MSATSIC, OHSP	Ski lodges, sporting goods, bait shops, ski shops, Winter Festivals i.e. VASA Race (Traverse City) Tip-Up Town (Houghton Lake)

THE HOUSING NEWS

A Newsletter for Central Michigan University's Faculty and Staff

November 1988

With the Holidays soon approaching and the semester coming to a close, the Housing department would like to take this opportunity to share with you the many events and activities which have taken place in the Residence Halls.

MONTH OF OCTOBER CELEBRATED NATIONAL COLLEGIATE ALCOHOL AWARENESS WEEK

High quality programs enhancing alcohol awareness and education were available in all nineteen residence halls for students to attend. Here are some of the highlights:

Towers:

Wheeler Hall: A smashed car involved in an alcohol related accident was displayed on the lawn of the Towers. Later in the week a "Jaws of Life" demonstration was given showing how they would get victims out of this car.

Troutman Hall: Showed videos: "Drinking and Driving: The Tolls, the Tears," and "Kevin's Story."

Carey Hall: Breathalizer Demonstration.

North Campus:

Trout Hall: Enabling Behaviors Program Reggae Dance with Mocktails.

Barnes Hall: "How to help a friend with a drinking problem." Speakers and discussion.

Calkins Hall: Progressive Mocktail Party on all of the floors.

Larzelere Hall: "Cop a Buzz" DPS officers discussed the legal aspects of alcohol consumption.

Robinson Hall: Create a Cooler Competition.

Tate Hall: "Copacabana" mocktail dance.

Barnard Hall: Presentation: Alcohol Effects on the Body.

South Quad:

Beddow Hall: Trooper Frye - The effects of alcohol on judgement and reaction.

Thorpe Hall: Prohibition Night-Mocktail all quad RAs worked together on this. Dance and Casino Gaming Room.

Merrill Hall: Panel discussion of Recovering Alcoholics.

Sweeney Hall: PRIDE of CMU presentation.

South East Quad:

Saxe Hall: Sponsored a dance in their rec room for Mt. Pleasant Area Junior High School students.

Woldt Hall: Discussion on Consumption of Alcohol in Residence Halls.

Emmons Hall: Breathalizer Demonstration.

Herrig Hall: Dry Idea II - residents signed pledges not to consume alcohol and looked at benefits of having fun without alcohol.

These are just the highlights: There were more than thirty other programs which took place in the residence halls on alcohol awareness. Additionally all of the halls displayed the poster series on drinking and driving published by Readers Digest and had educational bulletin board displays.

I CARE BUTTONS

A special thanks to all faculty, staff, and administrators who supported Housing's Carefrontation Program by wearing the "I Care" buttons. Your support is appreciated.

FITNESS ROOMS WELL USED BY RESIDENTS

There are thirteen weight clubs distributed throughout the nineteen residence halls. Any resident can use the weight club for a $5 membership fee. This fee goes toward maintaining the equipment. Most of the weight clubs have standard universal equipment. Additionally, hall councils and residents contribute funds to upgrade or purchase new equipment. All residents joining the club must attend an organizational meeting. At the meeting instructions are given on how to use the equipment properly and safety precautions are reviewed thoroughly.

FACULTY CONTINUE TO SUPPORT RESIDENCE HALL LIVING

Listed below are the faculty who have been willing to share a meal with residents and/or facilitating a program in a hall:

Dr. David Whitney
Mrs.Joyce Williams
Dr. Tim Thompson
Mr. Steve Clark
Dr. Rich Szafranski
Mrs. Helen Leemaster
Mr. Donald Agthe
Dr. Edward Jakubauskas
Mr. Richard Gergel
Dr. Bruce Roscoe
Ms. Janet Yerby
Dr. Joan Hornak
Dr. Sherrel Haight
Ms. Becky Black
Dr. Thomas Pennywell
Pat Hanlon
Pete Collinson
Lin Holder
Tom Benjamin
Tom Delia
Elizabeth Mills
John Swanstorm
James Damito
Joyce Baugh
JoAnn Grabinski

EDUCATIONAL PROGRAMMING ABOUNDS IN HALLS

Prior to the National election, the Resident Assistants in Merrill and Sweeney sponsored a voter registration drive. As part of the activities surrounding the election, a mock election and election dinner were held. Dr. and Mrs. Jakuhauskas were the honored guests and were escorted to Merrill Hall via a limousine.

Larzelere Hall sponsored a faculty and staff open house in October. Residents invited their professors and their families to visit Larzelere. The goal of the program was two-fold: An opportunity for residents to get to know their professors on a personal basis. Secondly, a chance for faculty and staff to have a first hand view of residence hall life. Approximately forty faculty participated in the event.

FLUID NEEDS WHILE EXERCISING

Water is the most essential nutrient. The body constantly [illegible] supply of water to produce [illegible] body temperature, [illegible] and eliminate [illegible].

Total body [illegible] will vary with age, sex, body composition [illegible] water [illegible] approximately 55 to 60 percent [illegible] Body fat is about 30 percent [illegible] than 70 percent [illegible] muscular [illegible] water in that person's body.

The total amount of fluid in the body is precisely balanced by several mechanisms so that it will remain at a constant level. Imbalances can occur, such as dehydration and water intoxication, but the body always tries to restore its normal water balance as quickly as possible. Most athletic-fit people [illegible] water.

Unfortunately, thirst [illegible] person's lack of water. [illegible] someone's need for water develops slowly, thirst can alert the individual to drink before dehydration occurs. However, the need for water develops quickly, thirst may not be quick enough to alert the [illegible] For example, in the case of [illegible] exercising vigorously, dehydration can occur.

Dehydration will decrease [illegible] athletic performance and endurance, and may [illegible] to maintain a constant activity level. Heat losses that cause as little as a two percent decrease in body weight will increase one's risk of heat exhaustion and/or heat stroke.

Athletes often forget to drink. Inadequate fluids can endanger their health and impair their performance. Typically, the best method of replenishing lost body fluids is [illegible] drinking plain water. Beside [illegible] water from five to 90 percent [illegible] the top of the list.

[illegible] water [illegible] body [illegible] sweating vigorously for [illegible] periods, [illegible] the rate [illegible] [illegible]

[illegible] water before [illegible]

[illegible]

[illegible]

[

next to bed, explaining [illegible] home from work, get dinner going, keep the kids from killing each other, supervised homework, worried about my presentation for tomorrow's important meeting, I'm exhausted. [illegible] sweetie, get me a Librium.

No one gets drunk, no one gets high, no one gets spaced out, no one has problems. [illegible] 100 percent [illegible] behavior. [illegible] small children [illegible] wine and cigarettes and tranquilizers [illegible] parents feel good, help them cope.

The scene changes. The kids are now teenagers. They're trying to cope, too, with lots of new stresses. How to be grown up, how to handle the enlarged world of junior and senior high school, how to deal with the need for independence, with sexuality, with greater intellectual demands.

A friend at school offers a puff of grass between classes in the schoolyard. Nice, it makes you feel good, less hassled. The scenario is already written. The kids [illegible] solution.

[illegible]

Learning or Grades?

When you study for an exam do you find concerned with the grade you will receive or with learning the material? If you are more concerned with grades you are more likely to forget the material soon after the test. By studying to learn and applying the information you will have greater success in retaining it.

Grades are a characteristic representation of supposed knowledge and hold little value in the workplace. Knowledge and the application of it will dictate success in job interviews, and on the job.

If you are studying merely for the grade, you are missing the boat in education. The opportunity to learn is abundant at the university setting, but you have to be the initiator and [illegible]

Taken from Wellness Works/SRU

SNACKTIME TIPS

[illegible] publication notes popcorn accounts [illegible] every teaspoon of butter or margarine adds at least 100 calories of straight fat, with a teaspoon of salt adding 2,000 mg of sodium.

Today, the typical American consumes 46 quarts of popcorn per person per year. Since we eat so much of the [illegible] to cover the [illegible] popcorn [illegible] calories with [illegible] grams of fat. To reduce [illegible] butter and salt, [illegible] with various spices.

[illegible] onion powder, garlic powder, or salt substitutes like [illegible] Parmesan cheese sprinkled over popcorn.

POPCORN COMPARISONS

Serving Size: 3 cups popped

	Calories	Fat (g)	Sodium (mg)
Plain Popcorn (Air-popped)	93	1.2	5
Movie Theater (Medium Bucket)	640	60	280
Jolly Time (Microwave)	172	8	132
Orville Redenbacher (Microwave)	160	10	240
Betty Crocker Pop-Secret (Microwave)	190	9	390

VARIETIES

Serving Size: 3/4 cup

Cracker Jack	120	3	85
Cheese Pleasers	170	12	200
Carmel Popcorn	130	6	100

[illegible] when your fighting the [illegible] crunch or [illegible]

(Source: "Shape," Dec. 1986)

the PRIDE Express

Central Michigan University Fall 1988 Vol.I Issue One

Energy, activity, and growth marks new semester

This past semester has been an active one for PRIDE of CMU. Besides our scheduled workshops, we have found time to do many other activities, too.

Our regular day-long workshops have gone extremely well. White Pine Junior High School in Saginaw, MI was a true test of our abilities to relate to younger students. We had to reorganize our schedule and adapt our rap sessions to hold their attention and get our message across. Though at times we were unsure of whether or not they were listening, in the end, we succeeded.

"We plan on focusing more on member versatility and developing the College Track."

The two high schools we traveled to were two of the best programs we've ever done. On both occasions we traveled to northern Michigan to present at Bear Lake High School in Manistee and at Mio-Au Sable High School in Mio.

After overcoming the lack of student participation and response, the presentations flowed smoothly. The students loved the dances and listened attentively during the rap sessions.

As usual, the hit of the day was The PILL DONAHUE/DOPRAH WINFREY Show. This skit allows the students to become actively involved and voice their opinions and views on the legalization of marijuana. The students shared their thoughts and feelings to the remaining student body during an assembly held at the end of the day.

On September 16, we presented our program in Holland for a group of foster children. We went into the program knowing that it would be a different and possibly difficult situation. However, the students' participation was overwhelming

"Rarely have we seen such dedication for the fight against drug abuse."

On September 17, we traveled to East Kentwood where students were attending a seminar. We got the students pumped up for their dance that ended the conference.

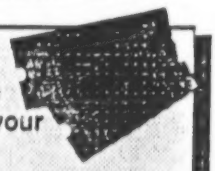
On October 27, six members traveled to Glencoe, a suburb of Chicago, to participate in a mini-conference that the students and faculty of Glencoe Central School were presenting to their community. We spent the day with the students perfecting their songs, dances, and skits.

That night, the mini-conference was presented to over 100 people. We were the "feature" group, but in our opinion it was the students who were the main attraction. Rarely have we seen such dedication for the fight against drug abuse in fourth through eigth graders. They made the trip rewarding.

Our Elementary PRIDE program, headed by Michelle Rickert, has also been hard at work. The program consists of fun and educational puppet shows that deal with peer pressure, self-esteem, and drug education followed by a discussion.

It has been a busy and successful semester for PRIDE of CMU. In 1989 we plan on focusing more on member versatility, promoting more educational awareness, and strengthening our speaking skills. However, our main focus will be developing the College Challenge Track for the International PRIDE Conference. So look out...here we come!

Be sure to get your tickets! When the PRIDE Express leaves the station in 1989, it's going to be a fun time! Our calendar is booked so get your tickets today. Don't be left behind!



January 20 - high school	March 17 - high school
February 3 - Wayland H.S.	March 18 - Muskegon
February 10 - Caro Jr. High	March 31 - high school
February 18 & 19 - Lock-In	April 14 - International PRIDE Conference
March 4 - 11 - Spring Break	April 28 - high school

PRIDE of CMU attends MCADY Conference

November 4, 1988. Kellogg Center, Michigan State University. This was the setting of the Michigan Communities in Action for a Drugfree Youth (MCADY) Conference.

This conference is a day-long event. It consists of individual sessions for adults and the REACH workshop for high school and college students. Such topics include: prevention, intervention, education, and the law.

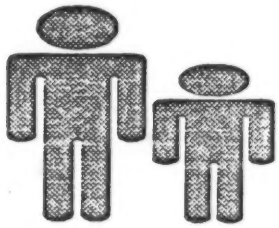
This was our second appearance performing at the MCADY Conference. However, this year we were joined by our protege, Alma's PRIDE. We were featured in both the opening and closing ceremonies, presenting uplifting songs and dances, and meaningful skits.

A nice surprise was an invitation to perform at the REACH workshop. Although it was an impromptu performance, we had fun doing it

"This was our second appearance at the MCADY Conference."

and the audience enjoyed it immensely. Michelle Rickert and Ken Wood did an outstanding job leading a group of 45 people. Lisa Ellsworth, the National Youth Coordinator of National PRIDE and founder of PRIDE of CMU, also attended and provided support and helpful feedback.

Overall, the MCADY Conference was fun and a learning experience. It's nice to see people working together to make a difference in the fight against drug abuse.



Movin' along the tracks

Each year PRIDE of CMU just gets better and bigger. Thirty new members have joined the organization and have only added to the group's success. Their ideas, contributions and dedication have helped the organization to expand and grow.

And grow we did, right into a new office. With all of our new members, supplies, and materials, we had to leave behind our cramped, cozy corner office and move to a much larger area that fits the needs of our growing organization.

"Thirty new members joined the organization and have only added to the group's success."

We ask members to work one hour a week so that the office is manned for at least 20 hours a week. However, there is not an hour that doesn't have a member working. Many times there are two or three members just hanging around. Therefore, work is usually done the day it is requested. All of our workers are reliable, efficient, and take care of the business that needs to get done.

Everything a member could need is located in the office. We have calendars dating important events, a semester schedule, a members list, a map pinpointing places we've been, educational materials, and a file cabinet full of any kind of information needed about PRIDE.

In addition, we have a memo board and mailboxes for each member so that no one will miss any important information. There is also a log book for members to share their thoughts and feelings with others.

Although we share our office space with two other student organizations, we have found only positive aspects of this situation. All of the organizations are helpful and supportive of each other. We have all become so close that we had a hayride in early December.

"We share our office space with two other organizations."

Not only is our office a place of business, but a place where members can gather and socialize. It has been a semester of growth and new friendships.

Red Ribbon Day and CMU: A statement against drug abuse

On October 26, Central Michigan University, along with the city of Mt. Pleasant, made a statement against drug abuse.

As in the past three years, PRIDE of CMU sponsored Red Ribbon Day. On this day, students, faculty, and residents showed their support of the fight against drug use by wearing a red ribbon that said: "PRIDE of CMU and Red Ribbon Day: A statement against drug abuse."

This event takes its meaning back to when citizens wore yellow ribbons while Americans were being held hostage in Iran. Now we are taking a stand against something that threatens the lives of young people everywhere.

On that same Wednesday, PRIDE of CMU began a new tradition by holding an opening ceremony in Warriner Mall, located on Central's campus. Many faculty and administrators were present to honor this event.

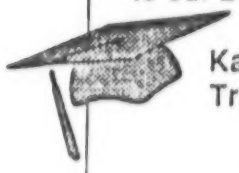
Guest speakers included President Edward Jakubauskas, Vice-president of Student Affairs James Hill, and Mayor of Mt. Pleasant, Conrad English.

In addition, student organizations tied red ribbons around trees in Warriner Mall to help kick off this important celebration.

If the support and dedication shown here on Central's campus is an indication of the support felt across the nation, it won't be long until we win the war against drugs.

PRIDE of CMU

They're pulling out of the station!
Bon Voyage and Good Luck
to our December graduates:



Kathy Falk Julie Rawls
Tracey Kelly Shelly Rawson

We'll Miss You!!

PRIDE of CMU sponsors Lock-In for high school students and administrators

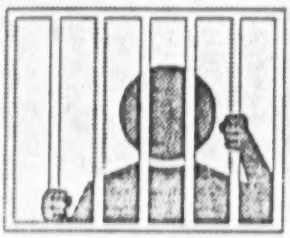
The third annual Lock-In will be held at CMU on February 18-19, 1989. Despite the chilly weather, PRIDE of CMU is expecting a large turn-out.

The theme, "Celebrate You", is one that promotes self-esteem, alternatives to drug use, drug education, and open communication. PRIDE has invited all the high schools that have experienced the workshop.

The purpose for this "mini-conference" is to provide a follow-up program to the eight-hour workshop.

Goals that PRIDE has set include helping the schools set up their own PRIDE group, how to strengthen and improve existing program, hints for more successful programs, team building exercises, and lots of programming and fundraising ideas.

"I think it's going to be great," said Kim Tooman, Lock-In Coordinator. "We need to make people realize that only by working together can the drug epidemic be stopped."



Inside Tracks: The latest scoop around the country

In a recent study commissioned by the State Attorney General, attitudes of youth are changing. It is now not the "norm" to use drugs and using peers are not part of the "in crowd."

That 18 or 26 major league baseball teams now restrict alcohol use by such measures as stopping sales after the seventh or eighth inning, and providing alcohol-free seating sections. Five clubs forbid alcohol in the clubhouse.

That Ecstacy, a "designer drug" once touted as a breakthrough aid to psychotherapy, depletes a key chemical in the brain and may cause permanent neurological damage, a study on monkeys indicates.

That Peter Bensinger talks of the failure of the England Experiment with the legalization of heroin. The system allowed heroin users to register and obtain heroin legally. The result? A dramatic increase in heroin use, doubling the number of users.

President Reagan by the National Drug Policy Board include making federal student aid conditional upon a college adopting an effective anti-drug program and withdrawing student aid from students convicted of drug offenses.

That the Media-Advertising Partnership for a Drug-Free America will aim for $500 million in donated time and space in the coming year.

That according to an ABC News/ Washington Post poll, one out of every three American adults say alcohol has brought trouble to their families.

That a recent judge's ruling in CA indicates that service stations selling gasoline to motorists who are clearly inebriated could be held liable if accidents occur.

That some schools across the country are establishing a dress code as part of its fight against drugs. One principal says his attendance is down because students are out selling drugs to pay for expensive clothes.

That Miller Brewing Company tried to get the rap group Fat Boys to do a commercial. The Fat Boys said no because they didn't want to promote alcohol to their young fans. Miller made the commercial using comedian Joe Piscopo and three Fat Boy look-alikes. The real Fat Boys are suing.

Source: Michigan Net News